



YOUTH AT RISK

A Salem State University
Community Program



North Shore/Cape Ann Community Resource Manual

2018



**CHILDREN'S LAW CENTER
OF MASSACHUSETTS**

About this Manual

This manual is intended to be used as a guide to the many organizations that serve low-income youth and families in Cape Ann and on the North Shore, which include the towns of **Beverly, Danvers, Essex, Gloucester, Hamilton, Lynn, Lynnfield, Manchester-by-the-Sea, Marblehead, Middleton, Nahant, Peabody, Rockport, Salem, Saugus, Swampscott, and Wenham.**

In the first section, providers are grouped by the type of services they offer. Because some organizations are listed more than once, all details about an organization, including all North Shore/Cape Ann office locations, will appear in the first entry. Successive entries will contain only the name of the provider, phone number, town, relevant services and office locations, and the page number on which the complete details of the organization can be found.

We apologize for any omissions of, or mistakes relative to, the names of and/or information about organizations. We will endeavor to correct those omissions/mistakes in future editions. In this edition, we have included only programs and services to which a family may self-refer. We hope to expand to all programs/services in future editions.

Feel free to e-mail us at yar@salemstate.edu or contact us by telephone or by mail with changes, additions, or deletions.

The art work that graces the front and back covers was drawn by Mauricia Lopez, a student at RAW Art Works, and represents the diversity of young people. She says, “a dream I have in life and for the youth is that we get out of the darkness that is chasing us by sharing our strengths with each other and supporting each other.”

Special thanks to those who are responsible for the development of this manual. Salem State University intern Amanda K. Harman, from the School of Social Work, provided vital assistance on the creation of this edition of the manual. We also greatly appreciate the support of Salem State University, the staff of Pathways for Children, and the Youth at Risk Conference Committee for their work on this edition of the manual. The Children’s Law Center’s previous work on this manual made this all possible.

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Child and Family Serving Organizations

After-school and Summer Programs

The Artful Life Counseling Center & Studio

234 Cabot St, Beverly, MA 01915
 p: (978) 548-6288 f: 978-548-6288
 e: info@artfullifecenter.org
 www.artfullifecenter.org
 Ages: 3–16 yrs Fees: vary
 Hours: vary by program

Hosts groups and workshops using expressive arts therapy to allow for self-growth and expression as well as healing, learning, and self-discovery. Summer programs offer supportive retreats for youth to explore the visual arts. Also offers artful counseling (pg. 71).

Beverly Bootstraps

35 Park St, Beverly, MA 01915
 p: (978) 927-1561 f: (978) 927-1553
 e: jandrews@beverlybootstraps.org
 www.beverlybootstraps.org
 Ages: grades 3–8 Fees: none
 Hours: Elementary: M–Th 2–4
 Middle: M–Th 3–5

Eligibility Restrictions: Beverly Residents only, low income, must attend all 4 days.

Homework support, tutoring, and homework “clubs” in a small setting for children at risk of academic failure. Available September–May. Provides holiday gift program for families and family togetherness nights. Also offers education services (pg. 31), ESOL (pg. 36), food services (pg. 38), and outreach/job training (pg. 95).

Beverly Children's Learning Center

550 Cabot St, Beverly, MA 01915
 p: (978) 927-1269 f: (978) 927-1774
 www.bclckids.org e: info@bclckids.org
 Ages: K–13 yrs Fees: vary, some financial aid
 Hours: M–F 7–6

Enrichment opportunities for school-aged children. Also provides infant, preschool and school aged child care (pg. 13) and a summer program.

Boy Scouts of America – Spirit of Adventure Council

600 W. Cummings Park, Ste 2750, Woburn, MA 01801
 p: (617) 615-0004 e: SpiritofAdventureCouncil@scouting.org
 www.scoutspirit.org

Ages: 6–20 yrs

Fees: vary by program

After-school program and camps that provide recreational activities and leadership training.

Boys and Girls Club of Lynn

25 North Common St, Lynn, MA 01902

p: (781) 593-1772

f: (781) 593-1777

www.bgcl.org

e: obarker@bgcl.org

Ages: 5–18 yrs

Fees: vary by program

Hours: Kids' Club After-school Program (5-10 yr olds): M–F 1:45–6

After-school Drop-in Program (8-18 yr olds): M–F 2–8:30

Summer Vacation Program: 7:30–5:30

After-school program and summer camp that provides recreational activities and homework help. Transportation from some local schools available.

Boys and Girls Club of Greater Salem

29 Highland Ave, Salem, MA 01970

p: (978) 744-0915

f: (978) 744-6203

www.bgcgs.org

Ages: 5–18 yrs

Fees: vary by program

Hours: Kids' Club After-school Program (5-12 yr olds): M–F until 6

After-school Drop-in Program (8-18 yr olds): M–F 2–6

After-school program and summer camp that provides recreational activities and homework help.

Building Bridges Through Music, Inc.

140 Exchange St, Ste. 209, Lynn, MA 01901

p: (781) 479-8327

www.bbtmusic.org

Ages: 5–18 yrs

Fees: \$25/day, financial aid available

After-school, school vacation, and summer programs including Groove School that incorporates academics and expressive arts, Peace Camp, and lessons in dance, theater, vocals, and musical instruments. Also offers outreach and job training (pg. 96).

Camp Fire North Shore

2 Cain Rd, Salem, MA 01970

p: (978) 745-7200

f: (978) 745-1385

www.campfirenorthshore.org

Ages: grades K–910

Fees: \$20-\$30 registration, \$19-22/day for after school care; weekly rate varies for summer camp by age

Hours: After-school Program (grades K–5): M–F 1:45–6, varies

Teens In Action (grades 8–12): evenings, days vary

Camp Waluta (grades K–4): M–F 9–4, July and August

Discovery Camp (grades 5–6): M–F 9–4, July and August

Adventure Camp (grades 7–9): M–F 9–4, July and August
 CIT (grades 9–10): M–F 9–4, July and August

After-school program provided in public schools in Lynn and Salem and summer camp is offered at our 2 Cain Road, Salem, MA location. Recreational activities and homework help provided after-school. Older children can become counselors in training. Meals served at camp.

Cape Ann Art Haven

180B Main St, Gloucester, MA 01930

p: (978) 283-3888

www.arthaven.org

Ages: up to 17

Fees: vary, scholarships available

Hours: M–Th 3:30–5

After-school art classes and art-related events. Also offers youth development and job opportunities (pg. 96).

The Community House

284 Bay Rd, South Hamilton, MA 01982

p: (978) 468-4818

e: info@communityhouse.org

www.communityhouse.org

Programs for kids and teens in interest areas including science, dance, theater, music, yoga, and more.

Express Yourself

100 Cummings Center, Ste 165-E, Beverly, MA 01915

p: (978) 927-8600

f: (978) 969-2782

e: info@exyo.org

www.exyo.org

Ages: 7–19 yrs

Fees: fee free for eligible youth

Hours: call for age appropriate groups, mostly after school

Eligibility Restrictions: North Shore and surrounding communities, residential treatment, and intensive residential treatment programs.

Express Yourself challenges myths surrounding young people with mental illness and at-risk youth, allowing these individuals to explore art as a path toward a healthy sense of identity, and feeling valued for their creativity. A full year arts immersion program includes dance, music, art and theater that culminates in a final performance at the Boch Center-Wang Theatre.

Family & Children’s Service of Greater Lynn, Inc.

111 North Common St, Lynn, MA 01902

p: (781) 598-5517

f: (781) 581-6614

www.fcsllynn.org

e:contactus@fcsllynn.org

Ages: 10–16 yrs

Fees: none

Hours: School year: T–W 3–6

Summer: M–Th 1–4

Center offering after-school TEEN SCENE youth programs with academic support, social skill development, and enrichment activities. Also offers parenting programs for parents of children aged 0–12 yrs (pg. 83).

The Food Project

120 Munroe St, Lynn, MA 01901
 p: (781) 346-6726 f: (781) 347-4319
 www.thefoodproject.org
 Ages: 14–17 yrs

Farms located in Beverly, Lynn, and Wenham where teens can learn about agriculture and help produce crops. Offers seven week summer program that includes farming, workshops, and a stipend with the opportunity to continue during school year. Also offers outreach/job training (pg. 97).

For Kids Only Afterschool

194 Essex St, Salem, MA 01970
 p: (978) 740-5437 f: (978) 740-2486
 www.fkoafterschool.org
 Ages: 5–14 yrs Fees: vary, EEC vouchers accepted,
 financial aid available

Hours: After-school program: until 6
 Summer program: 7–6, late June through August

Provides after-school care focused on building upon individual strengths and needs.

Girl Scouts of Eastern Massachusetts

420 Boylston Street, Suite 505, Boston, MA 02116
 p: (617) 482-1078
 e: info@gsema.org
 www.gsema.org
 Eligibility restrictions: girls and women only
 Ages: grades K–12 Fees: \$25 annual member fee, financial
 assistance available

After-school program and summer camps that provide recreational activities and leadership training.

Girls Inc. of Lynn

50 High St, Lynn, MA 01902
 p: (781) 592-9744 f: (781) 596-8336
 e: info@girlsinclynn.org
 www.girlsinclynn.org
 Eligibility restrictions: female only
 Ages: 5–18 yrs Fees: vary by program
 Hours: School-Age Child Care (5–13 yr olds): M–F 1:45–5:30
 Middle School Programs (12–15 yr olds): M–F 2:30–6
 Teen Program (for 14–18 yr olds): times vary

Provides programs across the continuum of a girl's developmental years. School-age child care provides homework help, literacy support, and enrichment activities. Middle School programs include Odyssey, which offers academic and social support during the school year, and Eureka!, a six-week full-day science, math, and sports summer program. The Teen Programs focus on post-secondary preparation and peer leadership. Girls Inc. also offers education services (pg. 32), ESOL support (pg. 37), pregnancy prevention program and sexuality education (pg. 87), and youth outreach/job training (pg. 97).

Gregg Neighborhood House

106 Broad St, Lynn, MA 01902
 p: (781) 592-0522 f: (781) 592-5583
 Ages: 5–13 yrs Fees: sliding scale, vouchers
 Hours: M–F 1:30–5:30; summer and school vacation M–F 1:30–5

Center-based after-school care. Also offers child care at the following locations (pg. 14):

Infant/Toddler (1 month – 2.9 years)

630 Western Ave, Lynn, MA 01905
 p: (781) 598-9448

Preschool Program (2.9 years – 6 years)

11 Webster St, Lynn, MA 01902
 p: (781) 592-2612

La Vida Inc.

120 Monroe St, Lynn, MA 01901
 p: (781) 586-0193 f: (781) 586- 0196
 e: info@la-vida.org
 www.la-vida.org
 Eligibility restrictions: must attend Lynn Public Schools
 Ages: grades 10–12 Fees: none

Three year after-school program in which students meet once or twice a week to create first-generation multicultural college students. Services include college visits, SAT preparation, scholarship assistance, and tutoring. Also offers educational college prep and matching services (pg. 32).

LEAP for Education

35 Congress Street, Suite 102, Salem, MA 01970
 p: (978) 740-6667 f: (978) 740-6668
 www.leap4ed.org
 Ages: 12–24 yrs Fees: none
 Hours: M–Th 2:30–6, F 3–5
 Service Area/Residency Restrictions: Middle school programs run in Salem and Gloucester and are restricted to students living in those cities. The Teen Center and College Success high school program are open to any student who is low-income, first generation or first-generation-to-college.

Academic Learning Center is a free after-school academic center offered at LEAP in Salem that provides homework help, English speaking help, academic enrichment, opportunities for civic engagement, and college and career assistance (pg. 32). Clubs include coding, entrepreneurship, fitness, STEM and Arts program. Free meal offered every day.

Lynn Economic Opportunity (LEO) Inc.

156 Broad St, Lynn, MA 01901
 p: (781) 581-7220 f: (781) 596-8297
 e: info@leoinc.org
 www.leoinc.org

Eligibility restrictions: low-income
 Ages: K–12 yrs Fees: none
 Serves Lynn, Lynnfield, Marblehead, Nahant, Saugus, Swampscott, Wakefield

School-age after-school programs. Services also include Early Head Start and Head Start (pgs. 15, 33,112) and parent resources (pg. 84).

Lynn Special Needs Camp

Mailing address: 250 Commercial St, Lynn, MA 01905
 Street address: 106 Pennybrook Rd, Lynn, MA 01905
 p: (781) 477-7096 f: (781) 477-7141
 www.ci.lynn.ma.us/citydepartments_parkandrecreation.shtml

Eligibility restrictions: youth with special needs
 Ages: 5–21 yrs Fees: vary
 Hours: July-August, M–F 9–3

After-school and summer program offering comprehensive recreational services to qualifying special needs children who reside within the Greater Lynn community (pg. 22).

New American Center

330 Lynnway, Ste 302, Lynn, MA 01901
 p: (781) 593-0100 f: (781) 599-3329
 e: rcamlynn@gmail.com
 rcamlynn.org

Ages: all Fees: vary
 Hours: After-school Program: M–F 3–5, Sa 12–2

A coalition of six partner agencies (Bosnian Community Center for Resource Development, Congolese Development Center, Refugee and Immigrant Assistance Center, Russian Community Association of Massachusetts, Southern Sudanese Solidarity Organization, and International Institute of New England) that serve the refugee and immigrant communities of Lynn. The center runs an after-school and summer program that provides recreational activities and academic assistance, focusing on ELL students (pg. 37). Other services include referrals and advocacy for refugees and asylees, assistance

with obtaining employment including job search assistance and job counseling, and assistance with green cards and citizenship applications (pg. 62).

Pathways for Children

29 Emerson Ave, Gloucester, MA 01930
 p: (978) 281-2400 f: (978) 281-7053
www.pw4c.org
 Ages: K–12 yrs Fees: state subsidy

School Age Care (SAC) provides education and activities for children when their schools are closed including year-round services with extended hours and full-day programming during the summer. Also offers home-based daycare (pg. 16), Head Start (pgs. 16, 35 – enrollment for North Shore families at Beverly site below), and parent support and mentoring (pg. 86).

Beverly

292 Cabot St, Beverly, MA 01915
 p: (978) 236-4101 f: (978) 922-2893

Plummer Youth Promise: On Point Program

50 Leavitt St, Salem, MA 01970
 p: (978) 594-1657
www.plummeryouthpromise.org/our-programs/on-point/
 Ages: 12–18 yrs Fees: none
 Hours: 11–6

Eligibility Restrictions: Referrals through Juvenile Probation and DCF; community referrals accepted at program’s discretion
 Serves Salem and surrounding areas

Partnership of Salem Police Department, Essex County Juvenile Court Probation, and Plummer Youth Promise. Programming for at-risk court-involved offering therapeutic support groups, psycho-education, recreational activities, and community service. Also offers a program for at-risk court-involved youth with support groups, recreational activities, and community service (pg.64).

RAW Art Works

37 Central Square, Lynn, MA 01901
 p: (781) 593-5515
www.rawartworks.org
 Ages: grades K–12 Fees: none

After-school art programs for elementary, middle, and high school students. High school seniors are mentored through the college application process. RAW also offers youth employment and connections to financial aid and healthcare (pg. 99).

The Reading Educational Assistance Learning Program (REAL)

151 Ocean St, Lynn, MA 01902
 p: (978) 993-4425

www.therealprogram.org

The REAL Program is offered in both the Boys and Girls Club and Congregation Ahabat Shalom in Lynn. The program provides books, homework help, snacks and meals, and other educational and welfare support related to youth enrichment (pg. 35)

Recreational Education Center (REC)

83 Pine St, Ste 102, Peabody, MA 01960

p: (978) 717-5062

www.recreationaleducationcenter.com

Ages: 3–22 yrs

Fees: private pay, some insurance

Hours: open 7 days/wk

ABA-based programming during after-school hours, weekends, holidays, vacations, and throughout the summer. Some insurance plans accepted for individuals diagnosed with autism (pg. 27).

Salem State University Summer Camps

352 Lafayette St, Salem, MA 01970

p: (978) 542-6000

www.salemstatevikings.com

Ages: 7–18 yrs

Fees: vary

Hours: summer only

Salem State University Athletics & Recreation offers various summer camps centered on sports and other athletic activities.

Salvation Army of Lynn

1 Franklin St, Lynn, MA 01902

p: (781) 598-0673

f: (781) 586-9327

www.salvationarmyma.org/lynn

Ages: 5–14 yrs

Fees: weekly fee, sliding scale, vouchers accepted

Hours: M–F 1:45–6

After-school Christian-based program with recreational activities and homework help. Transportation available from Lynn public schools. Coed basketball and summer camp available. Also offers a food pantry and emergency food supplies (pg. 43), housing assistance (pg. 59), and youth outreach programming (pg. 100).

Washington Street Baptist Church

256 Washington St, Lynn, MA 01908

p: (781) 595-2550

www.lynnwsbc.org

Ages: 6–10 yrs

Fees: none

Kids Club after-school program offers homework help, crafts, games, and character building. Middle school students may also serve as program helpers. Also hosts a food pantry (pg. 44).

Wediko Children's Services Summer Camp

72-74 East Dedham St, Boston, MA 02118
 p: (617) 292-9200 f: (617) 292-9272
 e: wedikosummer@wediko.org
 www.wediko.org/summer-program.html
 Ages: 9–19 yrs Fees: \$14,175

Outdoor 45-day therapeutic residential program for youth with emotional and behavioral difficulties.

YMCA – Cape Ann

71 Middle St, Gloucester, MA 01930
 p: (978) 283-0470
 www.northshoreymca.org/locations/cape-ann
 Ages: vary by program Fees: vary
 Hours: After-school: until 6
 Summer: vary by program

Offers after-school and before-school programs at a number of local schools. During the summer, hosts Sprindrift Adventure Camp, Camp Windward, Summer Literacy Program, and specialty camps that include sailing, mountain biking, youth summer basketball league junior NBA skills camp, and theatre arts camp. Additional after-school and summer programs available as detailed below. Also hosts a preschool (pg. 17).

Ben Beyea Youth & Teen Center

32 Pooles Ln, Rockport, MA 01966
 p: (978) 546-3600
 Ages: grades 6–12 Fees: none
 Hours: M–Th 2:30–8, F, Sa 2:30–10

Teens play music at band nights; compete in game tournaments; paint murals; learn to bake, ski, and snowboard; have dance competitions; plant flowers in the garden; and skateboard behind the Teen Center.

Camp Spindrift

57 Atlantic St, Gloucester, MA 01930
 p: (978) 281-2267
 Ages: Campers: 4–14 yrs
 Leaders-in-Training: 14–15 yrs

Summer camp offering sports, pool swimming, kayaking, archery, games, campfires, crafts, boating, themed weeks, special activities, and celebrations.

Gloucester Teen Center

9 Center St, Gloucester, MA 01930
 p: (978) 283-0470
 Hours: M–F 2–8:30, Sa hours vary

Teen Center offers students a place to hang out and have fun after school and on the weekends. The center features multiple computers, TVs, video game systems, and a comfortable lounge area.

YMCA – Danvers Community

34 Pickering St, Danvers, MA 01923

p: (978) 774-2055

e: info@danversymca.org

www.danversymca.org

Ages: grades K–8 Fees: vary by program, number of days

Adventure Camp: 4–12 yrs

Hours: After-school: until 6

Adventure Camp: 9–4

After-school program that includes homework help, recreation, physical activity, and computer time. Summer Adventure Camp offers weekly themed adventures with games, sports, nature study, arts & crafts, and pool time. Also offers preschool program (pg. 17).

Stiles Pond Camp

4A Stiles Pond Rd, Boxford, MA 01921

Ages: 6–14 yrs

Fees: \$215/wk for members

Hours: 8:45–3:45

Outdoor camp offering swimming, sports, crafts, nature, science, hiking, archery, drama, boating, and fishing.

YMCA – Greater Beverly

Cabot Street YMCA

254 Essex St, Beverly, MA 01915

p: (978) 927-6855

www.northshoreymca.org/locations/greater-beverly

Ages: grades preK–8

Fees: vary by program

Hours: until 6

After-school programs for youth available at a variety of elementary schools in Beverly and Hamilton-Wenham. After the Bell program designed for middle schoolers and offered at Briscoe Middle School. Summer camps include Sterling Woods Day Camp, Camp STAR for children with disabilities, and specialty camps. Also, childcare available at the Cabot St and Sterling locations (pg. 17).

McPherson Youth Center

4 McPherson Dr, Beverly, MA 01915

p: (978) 921-6061

Ages: 11–18 yrs

Fees: none

Hours: School-year: M–F 3–8, Sa 12–8

Summer: M–Sa 12–10

Drop-in center with computer lab, pool table, video games, air hockey, board games, outdoor basketball court, and skateboard park.

YMCA – Lynch/Van Otterloo

40 Leggs Hill Rd, Marblehead, MA 01945

p: (781) 631-9622

www.northshoremca.org/locations/lynch-van-otterloo

Ages: vary by program Fees: vary by program

Hours: After-school: until 6

Summer: vary by camp

“School’s Out” after-school programming at the YMCA site and select schools, and a variety of summer camps available.

Children's Island Day Camp

71 Front St, Marblehead, MA 01945

p: (978) 360-1948

Hours: 7:30–5:30, summer only

Activities include sports, ranger activities, aquatics, arts & crafts, kayaking, archery, and sailing. Overnight opportunities available.

YMCA – Lynn

20 Neptune Blvd, Lynn, MA 01902

p: (781) 581-3105

www.ycmetronorth.org/locations/lynn-family-ymca

Ages: grades K–8 Fees: vary by program

Hours: The CORE after-school drop-in (grades K–8): M–F 2–6

Leaders Club after-school drop-in (grades 6–8): M–F 3–6

Kids Night Out (ages 8–13): F 6–8

The Y offers a variety of programs including daytime preschool, after-school drop-in for grades K–8, after-school study group for grades 3–12, and leadership development and fitness for middle school students. Also offers childcare/preschool (pg. 18) and youth development program (pg. 101).

YMCA – Salem

1 Sewall St, Salem, MA 01970

p: (978) 744-0351

www.northshoremca.org/locations/salem

Ages: 5–14 yrs Fees: vary by program

Hours: After-school program: M–F 2–6

Offers before- and after-school care at the YMCA site as well as select local schools. Offers a summer camps for ages 5–16 yrs as well as specialty camps including theatre, music, and basketball. Also provides daytime infant and preschool care (pg. 18)

Camp Naumkeag

85 Memorial Dr, Salem, MA 01970
 p: (978) 740-9622 f: (978) 740-9168
 Ages: 5–16 yrs Fees: vary
 Hours: 7–6, summer only

Offers an Explorers Camp that includes science, nature arts & crafts, teambuilding initiatives/Project Adventure, sports, swimming, and kayaking.

NOTE: Additional resources for after-school/summer programs may be available through local libraries and town parks and recreation departments. Be sure to check those sections of the manual.

Child Care Programs

Annisquam Nursery

1123 Washington St, Gloucester, MA 01930
 p: (978) 283-2814
www.annisquampreschool.com
 Ages: 2.7–5 yrs Fees: accepts vouchers

Beverly Children's Learning Center

p: (978) 927-1269
See page 2
 Ages: 1 mo–13 yrs Fees: vary, some financial aid
 Hours: M–F 7–6

Infant, preschool, and school-age child care and enrichment opportunities.

Catholic Charities North

www.ccab.org/?q=location-north-boston
 Eligibility restrictions: proof of residence of the North Shore
 Ages: all Fees: voucher, sliding scale

Offers licensed Early Education and Care Centers and Family Child Care at the following locations:

Lynn Child Care Center

37 N. Federal St, Lynn, MA 01905
 p: (781) 598-2759

Malden Child Care Center

77 Salem St, Malden, MA 02148
 p: 781-397-1556

Peabody Child Care Center

13 Pulaski St, Peabody, MA 01960
 p: (978) 532-6860

Also provides numerous social services including, HiSET (GED) preparation (pg. 31), ESOL classes (pg. 37), food gift cards (pg. 39), homelessness prevention (pg. 54), counseling services (pg. 72), teen parent and father programs (pg. 82), and job training (pg. 96).
 Offices include:

Family Counseling and Guidance Center

152 Sylvan St, Danvers, MA 01923
 p: (978) 774-6820

Gloucester Office

60 Prospect St, Gloucester, MA 01930
 p: (978) 283-3055

Lynn Office

117 North Common St, Lynn, MA 01902
 p: (781) 593-2312

Salem Office

280 Washington St, Salem, MA 01970
 p: (978) 740-6923

Child Care Circuit

190 Hampshire St, Lawrence, MA 01840
 p: (978) 686-4288 f: (978) 975-3120
 toll-free: (800) 660-2868
 referral line: (978) 722-2751
 e: info@childcarecircuit.org
 www.childcarecircuit.org
 Ages: vary by program Fees: none

Child care resource, referral, and training agency. Provides vouchers to parents for after-school child care depending on the availability of funds and eligibility restrictions.

Essex Avenue Nursery

488a Essex Ave, Gloucester, MA 01930
 p: (978) 283-2738 Fees: accepts vouchers

Gregg Neighborhood House

p: (781) 592-0522
See page 6
 Ages: 1 mo-5 yrs Fees: sliding scale
 Hours: M-F 7-5

Offers Infant/Toddler and Preschool childcare at the following sites:

Infant/Toddler

p: (781) 598-9448 Lynn, MA

Preschool Program

p: (781) 592-2612 Lynn, MA

Happy Day School

39 Gloucester Ave, Gloucester, MA 01930

p: (978) 283-3613

<http://www.happydayschool.weebly.com>

Ages: 1 mo–6 yrs Fees: accepts vouchers

Offers child care, an infant program, and toddler program.

Hartz Street Nursery School

39 Hartz St, Gloucester, MA 01930

p: (978) 283-1879

Ages: vary by program Fees: accepts vouchers

JOI Child Care Center

20 Wheeler St #101, Lynn, MA 01902

p: (781) 596-1241 f: (781) 596-1916

Eligibility restrictions: parent working 30 hours/week or in school

Ages: 8 wks–5 yrs Fees: sliding scale

Hours: M–F 7–5:30

Child daycare program. Also provides services to teen parents such as parenting groups, parenting classes, community services, and transportation for teen parents from school to JOI (pg. 84).

Lynn Economic Opportunity (LEO) Inc.

p: (781) 581-7220 Lynn, MA

See page 7

Eligibility restrictions: low-income

Ages: 6 wks–5 yrs Fees: none

Serves Lynn, Lynnfield, Marblehead, Nahant, Saugus, Swampscott, Wakefield

Head Start for ages 3–5 and Early Head Start for ages 6 weeks to 2.9 years.

North Shore Family Daycare

280 Union St, Ste 403, Lynn, MA 01901

p: (781) 598-4532 f: (781) 598-2112

e: nshfamilydaycare@verizon.net

www.northshorefamilydaycare.com

Ages: 2 mos–12 yrs Fees: accepts vouchers, sliding fees, and private pay

Serves Lynn and surrounding towns

Referral service to childcare educators who care for 6-10 children in their homes. Proves professional development and assistance with curriculum planning and child assessments.

Northeast Arc Center for Developmental Excellence

6 Southside Rd, Danvers, MA 01923

p: (978) 624-2332

www.ne-arc.org

Eligibility restrictions: disability

Ages: 2 mos–5yrs Fees: vary by program

Hours: 7:30–5:30, year-round

Hosts First Steps Child Care Center, an inclusive daycare/ preschool. Full-day and half-day slots available. Northeast Arc also provides a wide range of additional services for individuals with differences and disabilities at multiple facilities listed here as well as in the home (pg. 25).

Day Services

5 Electronics Ave, Danvers, MA 01923

P : (978) 624-2629

Deaf Services

64 Holten St, Danvers, MA 01923

p: (978) 624-2469

Early Intervention – Cape Ann

100 Cummings Center, Ste 158D, Beverly, MA 01915

p: (978) 921-1182

Early Intervention – North Shore

149 Sylvan St, Danvers, MA 01923

p: (978) 774-7570

Employment Supports

64 Holten St, Danvers, MA 01923

p: (978) 624-3058

Pathways for Children

p: (978) 281-2400 Gloucester, MA

See page 8

Ages: 0–5 yrs Fees: state subsidy

Serves Gloucester, Rockport, Manchester, Essex, Ipswich, Hamilton, Wenham, Topsfield, Boxford, Middleton, Danvers, Beverly, Peabody, Salem

Through contracted Family Child Care (FCC) providers, offers home-based child care with individualized curriculums designed to prepare children for success in school. Head Start program available as well. The Gloucester office serves as the Head Start enrollment site for Cape Ann residents.

Beverly Site

p: (978) 236-4101

Beverly, MA

The Beverly office serves as the Head Start enrollment site for North Shore residents.

Project Children

11 Webster St, Lynn, MA 01902

p: (781) 596-2809

Ages: vary by program Fees: starts at \$36/day

Hours: M–F 7–5

Child care and preschool.

Teddy Bear Day Care, Inc.

520 Eastern Ave, Lynn, MA 01902

p: (781) 599-0633

Ages: 15 mos–5 yrs Fees: accepts vouchers

Hours: M–F 7–5

Offers individualized learning plans geared towards creating positive experiences for children.

YMCA – Cape Ann

p: (978) 283-0470

Gloucester, MA

See page 10

Ages: 3–5 yrs

Fees: vary by number of days

Daytime preschool. Full or half day available.

YMCA – Danvers Community

p: (978) 774-2055

See page 11

Ages: 3–5 yrs

Fees: vary by program, number of days

Hours: Three-year olds: Tu, Th 9–12

Four- and five-year olds: M,W,F 9–12

Preschool program available.

YMCA – Greater Beverly

Cabot Street YMCA

p: (978) 922-0990

Beverly, MA

See page 11

Ages: 6 wks–5 yrs

Fees: vary by program, number of days

Hours: 7–6

At both locations, Infant & Toddler and Preschool programs include hands-on learning, language development, and Kindergarten readiness. Swimming and outdoor exploration also available.

Sterling YMCA

p: (978) 927-6855
Ages: 6 wks–5 yrs
Hours: 6:30–6

Beverly, MA
Fees: vary

YMCA – Lynn

p: (781) 581-3105
See page 12
Hours: M–F 7:30–6

Daytime preschool to support child’s cognitive, social, emotional, and physical development.

YMCA – Salem

p: (978) 740-9622
See page 12
Ages: 6 wks–5 yrs

Fees: vary by program, number of days

Offers infant and toddler care as well as preschool. Provides healthy snacks, physical activity, and teaches Kindergarten readiness skills. Full day and half day options available

Disability-Related Services

American Training

6 Campanelli Dr, Andover, MA 01810
p: (978) 685-2151 (ext 6818 for information on programs)
f: (978) 683-5124
www.americantraininginc.com
Ages: primarily 16+ Fees: vary, self-pay

Offers day and residential programs for developmentally disabled individuals or individuals with mental health challenges. Programs include clinical interventions (pg. 71) and vocational opportunities (pg. 95).

Asperger/Autism Network (AANE)

51 Water St, Ste 206, Watertown, MA 02472
p: (617) 393-3824
www.aane.org

AANE offers information, education, advocacy, and other services in order to assist those with Asperger Syndrome and similar autistic spectrum profiles.

Aspire Developmental Services, Inc.

www.aspiredevelopmental.org

Eligibility restrictions: developmental delay

Ages: 15 mos.–5 yrs

Fees: vary

Serves Danvers, Lynn, Lynnfield, Marblehead, Middleton, Nahant, Peabody, Salem, Saugus, Swampscott

As part of its North Shore Infant & Toddler Program, offers early intervention including in-home services, preschool, and family supportive services out of both offices below. Also offers parenting support and services (pg. 82).

Lynn Office

176 Franklin St, Lynn, MA 01904

p: (781) 593-2727

f: (781) 593-2542

Salem Office

275 Lafayette St. Salem, MA 01970

p: (978) 744-7037

f: (978) 741-8175

Bass River, Inc.

437 Essex St, Beverly, MA 01915

p: (978) 927-5326

f: (978) 922-3109

www.bassriver-inc.org

Eligibility restrictions: intellectual disability

Ages: all

Fees: vary

Provides support, advocacy, community involvement, and housing programming for adults with intellectual disabilities.

Best Buddies Massachusetts

45 Bromfield St, 7th Fl, Boston, MA 02108

p: (617) 778-0522

f: (617) 778-0526

toll-free: (866) 33-BUDDY/ (866) 332-8339

www.bestbuddiesmassachusetts.org

Eligibility restrictions: intellectual or developmental disability

Ages: all

Fees: none

Provides individuals with disabilities with one-on-one friendships that foster growth at school, work, and in the community.

Bridgewell

10 Dearborn Rd, Peabody, MA 01960

p: (781) 593-1088

e: info@bridgewell.org

www.bridgewell.org

Eligibility restrictions: Vary by service. Some services are through DDS or DMH referral, while others accept self-referrals.

Ages: adults

Fees: vary by service

Bridgewell strengthens communities by providing an unmatched range of social and human services that empower people with disabilities and other life challenges to live safe, self-directed and productive lives. Bridgewell delivers support through community

housing, day programs, outpatient treatment, recovery services, education and employment training.

Children’s Law Center of Massachusetts

298 Union St, Lynn, MA 01901
 p: (781) 581-1977 f: (781) 598-9364
 toll-free helpline: (888) KIDLAW8 / (888) 543-5298
 e: info@clcm.org
 www.clcm.org
 Eligibility restrictions: low-income
 Ages: 0–22 yrs Fees: none
 Helpline hours: T–F, 9–5

Provides bilingual comprehensive legal services to students with disabilities in a variety of matters including restraint, seclusion, school discipline, special education, and related matters and offers a toll-free helpline providing assistance and guidance. Also advocates for non-disabled students in education matters (pg. 31), court assigned care and protection, abuse and neglect, and foster care matters (pg. 45), immigration issues (pg. 60), juvenile justice cases (pg. 62), and legal representation to low-income children in civil issues (pg 65).

Disability Law Center

11 Beacon St, Ste 925, Boston, MA 02108
 p: (617) 723-8455 f: (617) 723-9125
 toll-free: (800) 872-9992
 e: mail@dlc-ma.org
 www.dlc-ma.org
 Ages: all Fees: none

Advocacy and referrals for adults and children with disabilities that address assistance with health care, special education, and public benefits. Also provides legal services (pg. 66)

EMARC

60-D Audubon Rd, Wakefield, MA 01880 (Main Office)
 30 Audubon Rd, Wakefield, MA 01880 (Family Support and Reading Day Services)

p: (781) 942-4888 f: (781) 942-0820
 www.theemarc.org

Provides adult foster care, residential services, job placement, family support groups, and children’s recreation programs.

Federation for Children with Special Needs

529 Main St, Ste 1M3, Boston, MA 02129
 p: (617) 236-7210 f: (617) 241-0330
 toll-free: (888) 331-0688 e: fcsninfo@fcsn.org
 www.fcsn.org
 Eligibility restrictions: child with a disability

Ages: all

Fees: vary

Provides information, support, and assistance to parents of children with disabilities. Services include assistance with special education and special health care needs. Also provides parent education and support (pg. 84).

Futures Behavior Therapy Center

55 Tozer Rd, Beverly, MA 01915

p: (978) 969-2894

e: programs@futuresbtc.com

www.futuresbtc.com

Ages: 3–22 yrs

Fees: vary

Educational and social development services for disabled children.

Gambaru Corporation

999 Broadway St, Ste 304, Saugus, MA 01906

p: (781) 558-9565

f: (781) 558-9567

e: info@gambarucorp.com

www.gambarucorp.com

Ages: all

Fees: vary, some insurance accepted

Hours: M–F 10–5; Sa 8:30–2

Serves Lynn, Saugus, Revere, Chelsea, Malden, Medford, Everett, East Boston

Offers occupational therapy, speech therapy, and physical therapy as well as assessment, intervention, and services related to sensory integration. Can assist with educational support such as assessments and evaluations, in-school observations, and program modification.

HealthSouth Braintree Pediatric Rehabilitation Hospital at Lynnfield

50 Salem St, Lynnfield, MA 01940

p: (781) 246-4225

f: (781) 246-4148

www.healthsouthbraintree.com

Provides evaluation and treatment services for youth who are not achieving their physical, functional, and communicative potential. Services include physical, occupational, and speech therapy.

Independent Living Center of the North Shore and Cape Ann

27 Congress St, Ste 107, Salem, MA 01970

p/TTY: (978) 741-0077

e: information@ilcnscsca.org

www.ilcnscsca.org

Ages: all

Fees: none

Service and advocacy center for people with disabilities to support their ability to live independently.

Provides legal assistance (pg. 68), with an emphasis on policy, to children experiencing barriers to education due to disabilities, homelessness, suspension or expulsion, or domestic violence. Helpline assistance available.

Massachusetts Commission for the Blind

600 Washington St, Boston, MA 02111
 p: (617) 727-5550 f: (617) 626-7685
 voice: (800) 392-6450 TDD: (800) 392-6556
 www.mass.gov/mcb
 Eligibility restrictions: vision loss
 Ages: all Fees: none
 Hours: M–F 8:45–5

Provides services for the blind, including respite care services, independent living services, assistive technology, medical assistance, and other specialized services. Offers individual and family counseling, case management, recreation programs, daily living skills, vocational rehabilitation, assistive technology, independent living services, and mobility instruction.

Massachusetts Commission for the Deaf and Hard of Hearing

600 Washington St, Boston, MA 02111
 p: (617) 740-1600 f: (617) 740-1810
 voice: (800) 882-1155 TTY: (800) 530-7570
 www.mass.gov/mcdhh
 Eligibility restrictions: hearing loss
 Ages: all Fees: none

Provides services to support deaf and hard of hearing individuals, including education assistance, interpreter referrals, and case management.

Massachusetts Department of Developmental Services (DDS)

500 Harrison Ave, Boston, MA 02118
 p: (617) 727-5608 f: (617) 624-7577
 TTY: (617) 624-7783
 www.mass.gov/dds
 Eligibility restrictions: intellectual or developmental disability
 Ages: all Fees: none

Offers case management and a wide range of services including residential programs, vocational training, and specialized training enabling independent living in the community to adults and children with an intellectual or developmental disability.

North Shore Area Office

100 Cummings Ctr, Ste 150B, Beverly, MA 01915
 p: (978) 927-2727 f: (978) 927-9182
 TTY: (978) 927-8828
 e: DDS.Info@state-ma.us

The Area office is a resource for children already deemed eligible for DDS services.

Massachusetts Department of Elementary and Secondary Education (DESE)

Program Quality Assurance (PQA)

75 Pleasant St, Malden, MA 02148
 p: (781) 338-3700 f: (781) 338-3710
 TTY: (800) 439-2370
 www.doe.mass.edu/pqa
 Ages: 3–22 yrs Fees: none

State agency that investigates and resolves complaints from the public that public elementary and secondary schools have violated a law relating to education. Can provide general information regarding schools' legal obligations by telephone.

Massachusetts Families Organizing for Change

PO Box 421, Salem, MA 01970
 p: (774) 855-6001
 e: mfofc@mfofc.org
 www.mfofc.org
 Eligibility restrictions: DDS-eligible to access family leadership series
 Ages: vary by program Fees: none

Provides workshops and trainings for the family of individuals with developmental disabilities and/or chronic illnesses including topics relevant to planning for adulthood. The Family Leadership Series provides information about supporting individuals with disabilities, legislative advocacy for system change, and creating a vision for the individual and family.

Massachusetts MENTOR

270 Bridge St, Ste 201, Dedham, MA 02026
 p: (781) 407-0470 f: (781) 251-0605
 www.ma-mentor.com

Services focused on bettering the lives of individuals with disabilities and behavioral health challenges.

Lawrence Office

1 Union St, 2nd Fl, Lawrence, MA 01840
 p: (978) 794-7966

Offers in-home therapy (pg. 78).

Peabody Office

9 Centennial Dr, Ste 101, Peabody, MA 01960
 p: (978) 531-0818
 Eligibility restrictions: disability

Ages: 18+ yrs

Fees: none

Provides services to individuals with intellectual development delays, including links to community services and mentors. Also offers therapeutic mentors (pg. 78).

Massachusetts Rehabilitation Commission (MRC)

600 Washington St, Boston, MA 02111

p: (617) 204-3600

f: (617) 727-1354

voice/TDD: (800) 245-6543

www.mass.gov/mrc

Eligibility restrictions: disability

Ages: 14+ yrs

Fees: none

Provides supported living program, transition to adulthood program, transition internship program, a home care assistance program, vehicle modifications, and housing modifications. Also provides vocational rehabilitation (pg. 98).

Malden Area Office

157 Pleasant St, Malden, MA 02148

p: (781) 324-7160

f: (781) 388-9345

Serves Lynnfield, Saugus

Salem Area Office

45 Congress St, Ste 4120, Salem, MA 01970

p: (978) 745-8085

f: (978) 745-9063

Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Lynn, Manchester-by-the-Sea, Marblehead, Middleton, Nahant, Peabody, Rockport, Salem, Swampscott, Topsfield, Wenham

Northeast Arc Center for Developmental Excellence

p: (978) 762-8352

Danvers, MA

TTY: (978) 762-4873

See page 16

p: (978) 777-9135 (Autism Support Center)

toll-free: 800-7-AUTISM

p: (978) 624-2330 (Personal Care Assistance)

Ages: vary by program

Fees: vary by program

Provides a wide range of services for individuals with developmental differences and disabilities including advocacy to ensure children are receiving appropriate educational supports and adult family care to support individuals 16 and older living in the community. Runs the Autism Support Center which provides information and referrals, training, recreational and family activities, support groups, and some flexible funding as well as the Spotlight Program, which integrates theater/drama with activities to aid in skill development. Also offers in-home ABA assessments and supports; personal care assistance

for daily living activities; recreational activities (cooking, dance, bowling, arts and crafts, music, athletics, and community outings); and transition services including social, recreational, vocational support, and advocacy to individuals ages 14–25 yrs.

Day Services

p: (978) 624-2629 Danvers, MA
 Ages: vary Fees: MassHealth, self-pay, Agency/school contract

Community-based day supports and day habilitation.

Early Intervention – Cape Ann

p: (978) 921-1182 Beverly, MA
 Ages: 0–3 yrs Fees: none
 Serves Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Rockport, Topsfield, & Wenham

Home and community-based services for children and their caregivers to enhance development and facilitate community inclusion.

Early Intervention – North Shore

p: (978) 774-7570 Danvers, MA
 Ages: 0–3 yrs Fees: none
 Serves Danvers, Lynn, Lynnfield, Marblehead, Middleton, Nahant, Peabody, Salem, Saugus, & Swampscott

Home and community-based services for children and their caregivers to enhance development and facilitate community inclusion.

Employment Supports

p: (978) 624-3058 Danvers, MA
 Ages: vary Fees: MassHealth, self-pay, Agency/school contract

Provides employment supports including assessments, training, education, job development and job coaching. Services are offered in a variety of settings.

Northeast Family Services

280 Merrimack St, Ste 312, Lawrence, MA 01843
 p: (774) 206-1125 f: (774) 628-9657
 Ages: vary by program Fees: insurance, including MassHealth

Provides ABA services. Agency also offers in-home therapy, in-home behavioral services, and therapeutic mentoring (pg.79).

North Shore Medical Center

81 Highland Ave, Salem, MA 01970
 p: (978) 741-1200

www.nsmc.partners.org

Age: all

Fees: primarily insurance-based

A range of hospital services including a neurodevelopmental center and rehabilitation services such as occupational, physical, and speech therapy evaluations and intervention at the MassGeneral Hospital for Children location. Also provides medical services at all locations (pg. 51), mental health services and mindfulness workshops through the Family Resource Center at the MassGeneral location (pg. 79), parenting and postpartum programming (pg. 86), and reproductive health services at Salem Hospital (pg. 88).

MassGeneral Hospital for Children at North Shore Medical Center

57 Highland Ave, Salem, MA 01970

p: (978) 745-2100

nsmc.partners.org/pediatrics

Ages: under 18 yrs

Offers multidisciplinary evaluation, neurodevelopmental center, behavioral medicine program, outpatient mental health services, and neuropsychological evaluations.

Salem Hospital

81 Highland Ave, Salem, MA 01970

p: (978) 741-1200

Union Hospital

500 Lynnfield St, Lynn, MA 01904

p: (781) 581-9200

Offers a neuropsychological assessment center that provides assessments and follow-up services to individuals of all ages with learning, developmental, emotional, or behavioral difficulties.

Recreational Education Center (REC)

p: (978) 717-5062

Peabody, MA

See page 9

ABA-based programming in after-school environment. Insurance accepted for individuals diagnosed with autism, depending on plan.

Special Needs Advocacy Network (SPAN)

PO Box 509, North Attleboro, MA 02761

p: (508) 655-7999

e: info@spanmass.org

www.spanmass.org

Eligibility restrictions: disability

Ages: all

Fees: none

Provides support for advocates and professionals in the field of special education. Also educates parents of children with disabilities

about advocacy services and acts as a resource for advocacy services (pg. 87).

Special Olympics of Massachusetts

512 Forest St, Marlborough, MA 01752

p: (508) 485-0986

www.specialolympicsma.org

Ages: 6+ yrs

Fees: none

Offers year-round athletic training and competitions in a variety of sports for intellectually disabled individuals.

U.S. Department of Education (DOE)

Office for Civil Rights (OCR)

Boston Office, 5 Post Office Sq, 8th Fl, Boston, MA 02109

p: (617) 289-0111

f: (617) 289-0150

TDD: (800) 877-8339

e: OCR.Boston@ed.gov

www2.ed.gov/about/offices/list/ocr

Ages: all

Fees: none

Federal agency that investigates and resolves complaints of discrimination, including on the basis of a disability, against educational institutions. Also provides free information and training on federal civil rights laws relating to education (pg. 36).

Domestic Violence and Sexual Assault Services

Boston Area Rape Crisis Center (BARCC)

p: (800) 841-8371

TTY: (800) 439-2370, ask to be connected to hotline

www.barcc.org

Hours: 24/7

Bilingual statewide hotline to assist survivors of rape.

Child at Risk Hotline (DCF 24-Hour Hotline)

toll-free: (800) 792-5200

Hours: 24/7

Free, after-hours emergency response system providing crisis intervention, information, or referrals for children in danger. Also offers after-hours urgent assistance for youth in foster care (pg. 45).

Healing Abuse Working for Change (HAWC)

hotline: (800) 547-1649

www.hawcdv.org

Ages: all

Fees: none

Hours: M–F 9–5

HAWC Centers provide a 24-hour abuse hotline, advocacy assistance for abuse victims, individual counseling, support groups, hospital collaboration, emergency shelter, parent/child trauma recovery, and community education programs.

Gloucester

p: (978) 283-8624 f: (978) 282-3251

Lynn

p: (781) 592-9900 f: (781) 592-1460

Salem

27 Congress St, Salem, MA 01970
 p: (978) 744-8552 f: (978) 745-6886

Jane Doe Inc.

p: (877) 785-2020
 TTY: (877) 521-2601
www.janedoe.org

A coalition that provides assistance to domestic violence and sexual violence survivors seeking advice, information, referrals, and support. LGBTQ-friendly.

Massachusetts Department of Children and Families (DCF)

www.mass.gov/DCF
 Ages: all Fees: none

The Commonwealth's child protection agency. Provides referrals to domestic violence services. Also offers foster care services, adoption services, programs for adolescents, and health and medical services for children in DCF care (pg. 46).

Cape Ann Area Office

45 Congress St, Bldg 4, Salem, MA 01970
 p: (978) 825-3800 f: (978) 825-9091
 Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Manchester-by-the-Sea, Marblehead, Middleton, Peabody, Rockport, Salem, Wenham

Lynn Area Office

330 Lynnway, Ste 201, Lynn, MA 01901
 p: (781) 477-1600 f: (781) 592-3380
 Serves Lynn, Lynnfield, Nahant, Saugus, Swampscott

Northeast Legal Aid-Northeast Justice Center

181 Union St, Ste 201A, Lynn, MA 01901
 p: (978) 458-1465 (intake)
www.northeastlegalaid.org
 Eligibility restrictions: low-income

Ages: primarily adults Fees: none
Hours: M–Th 9–5, F 9–1

Provides legal assistance in family matters for victims of domestic violence. Also offers a broad range of legal services, including in matters regarding housing (pg. 59), immigration (pg. 62), and public benefits (pg. 69).

Rape, Abuse, & Incest National Network (RAINN)

p: (800) 656-HOPE (4673)
www.rainn.org

24/7 national helpline for victims of sexual abuse, website also provides online chat with an advocate.

Safelink

(operated by Casa Myrna)
p: (877) 785-2020
TTY: (877) 521-2601
www.casamyrna.org

Multilingual statewide hotline to assist victims of domestic violence.

Turning Point, Inc.

5 Perry Way, Newburyport, MA 01950
p: (978) 462-8251 f: (978) 462-5488
e: info@tpimail.org
www.turningpointinc.org
Ages: 18+ Fees: none

Offers the Safe Recovery Program, a residential treatment program with a reunification focus, providing a safe haven for substance abusing and/or traumatized women and their children fleeing from domestic violence. Also provides a Mainstream Housing Program for women and their children who are homeless as a result of fleeing from domestic violence situations.

YWCA Northeastern Massachusetts

20 Central Ave, Ste 510, Lynn, MA 01901
p: (781) 477-2313 f: (781) 477-2314
hotline: (800) 922-8772 (English) or (800) 223-5001 (Spanish)
TTY: (781) 477-2315
www.nsrcc.org
Ages: 12+ yrs Fees: none

Provides services to sexual assault survivors and their significant others. Services include a 24-hour helpline; accompaniment to police, hospital, or court meetings; counseling; support groups; educational workshops; and prevention programs.

Education Services

Action, Inc.

180 Main St, Gloucester, MA 01930

p: (978) 282-1000 f: (978) 283-0523

www.actioninc.org

Eligibility restrictions: resident of Gloucester, Rockport, Essex,
Manchester-by-the-Sea, or Ipswich

Ages: HiSET: 16–24 yrs Fees: none

Basic education classes: 18+ yrs

Offers HiSET (GED) prep courses as well as free Adult Basic Education classes. Other services include help accessing benefits such as SNAP (food stamps) (pg. 38), housing advocacy, fuel assistance, weatherization, and emergency shelter at the address below (pg. 54), and job training (pg. 95).

Emergency Shelter

370 Main St, Gloucester, MA 01930

p: (978) 283-4125

Beverly Bootstraps

p: (978) 927-1561 Beverly, MA

See page 2

Homework support, tutoring, and homework “clubs” offered in a small setting for children at risk of academic failure. Also offers school supplies to start off the academic year.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Lynn Office

p: (781) 593-2312

Ages: 16– 24 yrs

Offers several programs including YouthWorks, Young Parent HiSET program, and TeenStart that include HiSET (GED) preparation for out-of-school youth. Must complete assessment test. Programs also offer employment/career preparation. If individual exceeds the age requirement, please call Mass Adult Literacy hotline at (800) 447-8844.

Children’s Law Center of Massachusetts

p: (781) 581-1977

Lynn, MA

See page 20

Provides comprehensive legal services to students in education matters including special education, as well as related issues such as school discipline and exclusion, homelessness, enrollment, and school records. Also offers toll-free helpline providing assistance and guidance.

The College Application Education Project (CAEP)

4 Adams St Ext, Lynn, MA 01902

p: (781) 595-1022

www.caeproject.org

Ages: grades 6–12 Fees: none

Hours: M–F 3–6

Parents, middle school students, and high school students receive help with college preparation, admissions, and financial aid applications. Services include tutoring, college planning, study groups, HiSET (GED) counseling, and career counseling.

Coordinated Family & Community Engagement – North Shore

9 Margin St, Peabody, MA 01960

p: (978) 536-6543

www.cfceofthenorthshore.com

Ages: 2 months–5 yrs Fees: none

Serves Beverly, Boxford, Danvers, Marblehead, Middleton, Peabody, Swampscott, Topsfield

Offers programs including playgroups, parenting workshops, and other events related to education such as music, reading, and critical thinking themed programs.

Girls Inc. of Lynn

p: (781) 592-9744

See page 5

Ages: grades 11 and 12 Fees: none

Offers tutoring through its Learning Center and College Prep Mentoring which provides weekly meetings, college visits, and assistance with the college and scholarship application process including scholarships.

La Vida Inc.

p: (781) 586-0193 Lynn, MA

See page 6

Academic and college preparation after-school program that includes college matching. Also offers a savings program and financial aid workshop for parents.

LEAP for Education Teen Center

p: (978) 740-6667 Salem, MA

See page 6

Eligibility restrictions: College Success program: Student lives in Salem or Peabody and is low-income, first generation or first-generation-to-college

The Teen Center is a free after-school academic center offered at LEAP in Salem that provides homework help, English speaking help, academic enrichment and opportunities for civic engagement and college and career assistance. Also includes College Success program for 11th and 12th graders that includes career exploration and readiness, college exploration and readiness, college campus visits, assistance with college applications, assistance with financial aid and scholarship applications, and life skills workshops. College workshops include assistance with resume writing, financial literacy, and goal-setting, among other topics. All College Success students will be assigned a college adviser to work with them through college graduation.

Lynn Economic Opportunity (LEO) Inc.

p: (781) 581-7220 Lynn, MA

See page 7

Eligibility restrictions: low-income

Ages: 6 wks–5 yrs Fees: none

Serves Lynn, Lynnfield, Marblehead, Nahant, Saugus, Swampscott, Wakefield

Head Start for ages 3–5 and Early Head Start for ages 6 weeks to 2.9 years.

Massachusetts Migrant Education Program

36 Middlesex Tpke, Bedford, MA 01730

p: (978) 657-8331 f: (978) 657-0227

www.edcollab.org/programs/mmep

Eligibility restrictions: children of migrant workers

Ages: 3–22 yrs Fees: none

Provides youth with extended learning opportunities including homework assistance, tutoring, programs for out-of-school youth, and summer programs as well as parent empowerment, family literacy services, advocacy, and referrals to community based organizations.

North Shore Career Center

p: (978) 825-7200 f: (978) 740-5989

www.nscareers.org

Ages: all Fees: none

One-stop career center that offers HiSET (GED) preparation. Also offers additional career/job services (pg. 99).

Gloucester Center

5 Pleasant St, Gloucester, MA 01930

Hours: M–F 8:30–12, 1–5

Lynn Center

North Shore Community College

300 Broad St, Rm LW-131, Lynn, MA

Hours: M–Th 8:30–5

LHAND- Family Success Center

27 Curwin Terrace, Lynn, MA 01905

Hours: T,W,Th 9–4

Salem Center

70 Washington St, 1st Fl, Salem, MA 01970

Hours: M,Tu,W 8:30–5; Th 8:30–7; F 9:30–5

North Shore Community College**Adult Learning Center**

p: (978) 762-4000 Danvers, MA

p: (978) 236-1227 (Adult Learning Center)

www.northshore.edu/adult_learning

Ages: 16+ yrs Fees: none

Provides free classes ranging from basic literacy to HiSET (GED) prep courses. Also offers youth career center including job placement services and help with filing for unemployment (pg. 99).

North Shore Community College**Upward Bound**

McGee Bldg, 3rd Fl, Rm LE330, 300 Broad St, Lynn, MA 01901

p: (781) 477-2161 f: (781) 477-2140

e: UB@northshore.edu

www.northshore.edu/upward

Eligibility restrictions: low-income or first-generation college student

Ages: grades 9–12 Fees: none

Hours: M–F 10–6

Through a summer academy and school-year classes and tutoring, assists low-income and first-generation college applicants to succeed in pre-college studies and prepare for college.

North Shore Community Development Coalition

96 Lafayette St, Salem, MA 01970

p: (978) 745-8071 f: (978) 594-5965

www.northshoreccdc.org

Provides education through its YouthBuild program. Also offers housing assistance (pg. 59) and youth outreach and job placement services (pg. 99).

YouthBuild North Shore

p: (978) 825-4005

Ages: 16–24 yrs Fees: none

Hours: Walk-in: M–Th 9–4

Open House: W 10–11:30

Serves Lynn, Salem, surrounding North Shore areas

Assists youth in attaining their HiSET (GED) or high school diploma and in learning job skills through training in affordable housing construction.

Pathways for Children

p: (978) 281-2400 Gloucester, MA

See page 8

Ages: EHS: 0–2.9 yrs Fees: none or state subsidy

HS: 2.9–5 yrs

Serves Gloucester, Rockport, Manchester, Essex, Ipswich, Hamilton, Wenham, Topsfield, Boxford, Middleton, Danvers, Beverly, Peabody, Salem

Early Head Start (EHS) program provides center-based care and comprehensive services (Cape Ann only). Head Start (HS) focuses on attaining formal school readiness goals and also strives to help families achieve self-sufficiency through support and referrals. The Gloucester office serves as the Head Start enrollment site for Cape Ann residents.

Beverly Site

p: (978) 236-4101 Beverly, MA

Head Start enrollment for North Shore residents.

Pathways, Inc.

20 Wheeler St, Ste 203, Lynn, MA, 01902

p: (781) 599-8543

www.pathwayslynn.org

Ages: 16+ yrs Fees: none

Center that provides HiSET (GED) classes to members of the Greater Lynn Community. Also offers ESOL programs (pg. 37).

The Reading Educational Assistance Learning Program (REAL)

p: (978) 993-4425 Lynn, MA

See page 8

Provides books, homework help, and other education and welfare support related to youth enrichment.

Training Resources of America, Inc.

10 Federal St, Ste 15, Salem, MA 01970

p: (978) 744-2417 f: (978) 745-5757

www.tra-inc.org

Ages: HiSET: 17+ yrs Fees: none
 Young Parents Program: 14–24 yrs

Provides HiSET (GED) programs for parenting and out-of-school youth. Also offers ESOL classes (pg. 38) and a parenting program (pg. 87).

**U.S. Department of Education (DOE)
 Office for Civil Rights (OCR)**

p: (617) 289-0111 Boston, MA
 See page 28

Federal agency investigates and resolves complaints of discrimination against educational institutions in order to ensure equal access to education for all. Also provides free information and training on federal civil rights laws relating to education.

Wellspring House, Inc.

302 Essex Ave, Gloucester, MA 01930
 p: (978) 281-3558 f: (978) 281-6092
 ext 310 (ALI program)
 ext 323 (WERC program)
 ext. 340 (MediClerk program)
 p: 978-281-9763 ext 16 (ELL program)
 www.wellspringhouse.org
 Ages: 18+ Fees: none; MediClerk: sliding scale
 Hours: ALI: M–F 8:30–2; 6–8:30
 MediClerk: M–F 8:30–3:30

Through its Adult Learning Initiative (ALI) program, offers 8-15 weeks of HiSET (GED) preparation, instruction in computer skills, and college and career preparation. Through its English Language Learning (ELL) program, provides one-on-one tutoring for learning to communicate effectively with others. The WERC program at Wellspring provides professional and educational advising and mentoring, and the MediClerk program is a 15-week program located at Salem Hospital to provide the skills necessary to succeed in an administrative position in the healthcare field. Wellspring also provides ELL classes (pg. 38) and housing support (pg. 59).

English for Speakers of Other Languages (ESOL) Services

Beverly Bootstraps

p: (978) 927-1561
 See page 2
 Hours: M, W 6–8 and M–Th 10–11:30

Beginner and advanced ESOL classes.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Ages: 18+ yrs

Fees: none, optional cost for books

Classes are held at multiple sites in Lynn and Salem. Offers day and evening classes, from beginner to advanced levels.

Lynn Office

p: (781) 593-2312

Salem Office

p: (978) 740-6923

Girls Inc. of Lynn

p: (781) 592-9744

See page 5

Ages: grades 6–12

Fees: none

Offers ESOL mentoring and academic support.

New American Center

p: (781) 593-0100

Lynn, MA

See page 7

The center runs an after-school program for English Language Learners and provides homework help, recreational activities, and summer programming.

North Shore Community Action Programs (NSCAP)

119 Rear Foster St, Bldg 13, Peabody, MA 01960

p: (978) 531-0767

f: (978) 531-1012

www.nscap.org

Ages: 16+ yrs

Fees: none

Hours: M–F 9–5

ESOL classes for all levels. Citizenship and work readiness classes also sometimes available. NSCAP also offers housing assistance (pg. 59).

Pathways, Inc.

p: (781) 599-8543

Lynn, MA

See page 35.

Hours: M–Th morning, afternoon, and evening

Four levels of ESOL classes which enhance English fluency and proficiency and instruct on culture and systems of Massachusetts and the United States. The highest level class focuses specifically

on language and skills necessary to work proficiently in the health care system.

Training Resources of America, Inc.

p: (978) 744-2417 Salem, MA
 See page 35
 Ages: 17+ yrs Fees: none
 Hours: M,W evenings

Offers ESOL classes.

Wellspring House, Inc.

p: (978) 281-3221 Gloucester, MA
 See page 36
 p: (978) 281-9763 ext 16
 Ages: 18+ yrs Fees: none
 Hours: Tu,Th 9–1 & 5:30–8

ELL tutoring program that matches students one-on-one with a tutor or a small group at the Sawyer Free Library. Beginner, intermediate, or advanced speakers welcome, and new students can start September through June.

Food Services

Acord Food Pantry

69 Willow St, Hamilton, MA 01982

p: (978) 468-7424

www.acordfoodpantry.org

Eligibility restrictions: proof of residence of Hamilton, Wenham, Ipswich, Essex, Topsfield, or Manchester-by-The-Sea; appointment is necessary for first-time clients.

Hours: W 9:30–11; Th 6:30–7:30; Sa 9–11

Action, Inc.

p: (978) 282-1000 Gloucester, MA

See page 31

Offers emergency SNAP (food stamp) assistance and help applying for benefits.

Beverly Bootstraps

p: (978) 927-1561

See page 2

Eligibility restrictions: mail from a Beverly or Manchester residence postmarked within last 30 days

Food pantry offers three bags of groceries and client may visit once every 14 days. Emergency food, farmers markets, food pantry, holiday meals, and kid summer meals. First time clients must register before receiving groceries.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Eligibility restrictions: proof of residence of the North Shore Area

Provides emergency food gift cards to families and individuals once every four months at the following locations. Appointment is necessary for first time clients.

Gloucester Office

p: (978) 283-3055

Lynn Office

p: (781) 593-2312

Salem Office

p: (978) 740-6923

Danvers People to People Food Pantry

12 Sylvan St, Danvers, MA 01923

p: (978) 739-4188

www.danverscommunitycouncil.com

Eligibility restrictions: proof of residence in Danvers

Hours: M,Th 8–12

For working families: 2nd & 4th W 4:15–6

Eligible clients may visit the pantry twice a month. Appointment is necessary for first time clients.

East Coast International Church

65 Munroe St, Lynn, MA 01901

p: (781) 592-3242

www.ecic-lynn.com

Food pantry offers two bags of groceries. Clients must sign in.

Essex County Hunger Relief

www.essexcountyhungerrelief.org

Website with database of food resources searchable by town.

First Baptist Church

221 Cabot St, Beverly, MA 01915

p: (978) 922-3295

f: (978) 921-4655

www.fbcbeverly.org/community/
Hours: M 6; Tu,Sa 12:30–1:30

Monday Night Suppers and Lunch Program. No ID required.

Food for the World

516 Essex St, Lawrence, MA 01841
p: (978) 683-9949
www.foodfortheworld.org/pantry.html
Eligibility restrictions: low-moderate income

Provides free food to families, the homeless, the indigent, especially children and the elderly, through five free distribution sites.

Food for the World – Salem Pantry

8 North St, Salem, MA 01970
Hours: Sa (except first Sa every month) 10–12

Greater Lynn Senior Services

8 Silsbee St, Lynn, MA 01901
p: (781) 599-0110
www.glss.net
Eligibility restrictions: proof of age over 60 and low-income
Hours: 3rd F of every month, 9:30–12:30
Serves Lynn, Lynnfield, Nahant, Saugus, and Swampscott

Food pantry offers one bag of groceries per month. Appointment is necessary for first time clients.

Harvest Meals-Cape Ann Interfaith Commission

Trinity Congregational Church
70 Middle St, Gloucester, MA 01930
p: (978) 283-8150
Hours: F 4:30–5 tea and coffee, 5–6 dinner

Citizens Inn Haven From Hunger

71 Wallis St, Peabody, MA 01960
p: (978) 531-1530 f: (978) 977-9216
www.citizensinn.org/haven-from-hunger
Eligibility restrictions: food pantry: proof of residence in Salem, Peabody, or Lynnfield and low-income

Hours: Food Pantry: M,Tu,Th,F 10:30–2:30
Meal Service: M,Tu,Th,F 4–6

Food pantry for low-income residents of Salem, Peabody, or Lynnfield. Also provides housing services (pg. 55) and substance abuse services (pg. 90).

The Haven Project

p: (781) 913-5738 Lynn, MA
See page 56

Provides food to young adults who are homeless or at risk of becoming homeless.

Jewish Family & Children’s Service

p: (781) 647-5327 Waltham, MA

See page 22

Family Table of the North Shore

p: (781) 693-5593 Marblehead, MA

Eligibility restrictions: proof of North Shore Area residency and low-income

Ages: all Fees: none

Food pantry with Kosher and non-Kosher food available.
First-time clients must complete application process.

Joseph’s Storehouse

207 Highland Ave, Salem, MA 01970

p: (978) 594-4423

jshfoodpantry.com

Hours: Sa 10–1

Eligibility restrictions: proof of residency required in Salem or Swampscott, must meet HUD income guidelines

Food pantry allows participants to visit two times per month.

Living Hope Church of the Nazarene – Food Pantry

556 Cabot St, Beverly, MA 01915

p: (978) 927-9979

www.beverlychurch.org/local-mission.html

Eligibility restrictions: proof of residency in Beverly required

Hours: Th 10–12

Food pantry allows participants to visit once per month.

Lifebridge

56 Margin St, Salem, MA 01970

p: (978) 744-0500 f: (978) 740-3832

www.lifebridgesalem.org

Hours: Breakfast: 6:30–9, Lunch: 12:30, Dinner: 6:30

No lunch service on Tu and Th

Working to end homelessness in the Salem area by providing community meals. Also offers shelter and housing (pg. 58).

Marblehead Food Pantry

80 Atlantic Ave, Marblehead, MA 01945

p: (781) 631-5335

Eligibility restrictions: based on address. Photo ID and current utility bill to prove Marblehead residency for new clients

Hours: Tu 9–12; Th 12:30–3 & 5:30–7

Clients may use pantry once a week. Number of people in household determines number of bags.

Massachusetts Department of Transitional Assistance (DTA)

Document Processing Center, PO Box 4406, Taunton, MA 02780

p: (800) 249-2007 (application info hotline)

www.mass.gov/dta

Eligibility restrictions: low-income

Ages: all Fees: vary by service

Hours: M–F 8–5

Provides families with food and cash assistance. Also assists with emergency shelter (pg. 58).

North Shore Office

45 Congress St, Ste 4120, Salem, MA 01970

p: (978) 825-7300 f: (617) 887-8765

Hours: M–F 7–5

My Brother's Table

98 Willow St, Lynn, MA 01901

p: (781) 595-3224 f: (781) 595-0113

www.mybrotherstable.org

Hours: M–F Lunch: 11:45–12:30, Dinner: 5:30–7:15

Sa/Su 2:30–4:15

Free soup kitchen providing free lunch and dinner daily.

The Open Door

28 Emerson Ave, Gloucester, MA 01930

p: (978) 283-6776 f: (978) 282-9684

www.foodpantry.org

Hours: M 10–7; Tu 10–5; W–Th 10–7, 6–7; F 10–5

Eligibility restrictions: proof of residence in Gloucester, Rockport, Essex, Ipswich, or Manchester and low-income status

Three to five day supply of emergency groceries once every 7 days.

Project Bread Food Source Hotline

p: (800) 645-8333

www.projectbread.org/get-help/foodsource-hotline.html

Hours: M–F 8–7; Sa 10–2

Hotline to refer callers to emergency resources in their community. 160+ languages.

Salem Food Pantry

First Universal Church, 211 Bridge St, Salem, MA 01970

p: (978) 744-3224

www.thesalempantry.org

Eligibility restrictions: Salem resident with photo ID, piece of mail from past 2 months with Salem address

Ages: all Fees: none

Hours: last Sa of month 9:30–11

Provides emergency food assistance.

Salvation Army of Lynn

p: (781) 598-0673 Lynn, MA

See page 9

Eligibility restrictions: photo ID and proof of residence in Lynn, Swampscott, Lynnfield, Saugus, or Nahant.

Hours: Food Pantry: M,W,F 9–11:30

Groceries: Tu,Th 11

Bread: M,W,F 10:30

Food pantry services as well as free emergency food supplies once a month.

Salvation Army of North Shore

93 North St, Salem, MA 01970

p: (978) 744-5181 f: (978) 741-1159

www.SalvationArmyMA.org/NorthShore

Eligibility requirements: proof of residence in Salem or Peabody

Hours: M,W,F 9–11

Food pantries at both sites offer free emergency food supplies once a month for families with children. Also offers youth outreach/job training at the Salem site (pg. 100).

Beverly Food Pantry

50 Elliott St, Beverly, MA 01915

p: (978) 922-4522

Eligibility restrictions: residents of Beverly

Hours: M,W 9–3; F 9–11

Saugus United Parish Food Pantry

50 Essex St, Saugus, MA 01906

p: (781) 233-2663

<http://www.saugus.com/content/view/1096/115/>

Hours: F 9:30–11

St. John the Baptist Food Pantry

17 Chestnut St, Peabody, MA 01960

p: (978) 532-2898

www.stjohnspeabody.com/stewardship

Hours: last Su of every month 9–1

St. Joseph’s Parish Food Pantry

40 Green St, Lynn, MA 01905

p: (781) 593-8049

Eligibility restrictions: proof of family size, income, address

Hours: every other W

St. Stephen's Food Pantry

74 South Common St, Lynn, MA 01902

p: (781) 599-4220

www.ststephenslynn.org

Eligibility restrictions: photo ID, proof of family size

Hours: F 3–4 (except 1st F of month)

Washington Street Baptist Church

p: (781) 595-2550 Lynn, MA

See page 9

Eligibility restrictions: ID required

Hours: last Sa of every month 10–11:30

Hosts food pantry. Attendees must complete intake form.

Women, Infants and Children (WIC)

www.wicprograms.org/state/massachusetts

Eligibility restrictions: low-income, women with children up to age 5

Ages: all Fees: none

Provides supplemental food and nutrition information to low-income pregnant, breastfeeding, and postpartum women.

WIC – Beverly

4 Ocean St, Beverly, MA 01915

p: (978) 922-2110

WIC – Gloucester

302 Washington St, #1, Gloucester, MA 01930

p: (978) 281-4540

WIC – Lynn

20 Central Ave, Lynn, MA 01901

p: (781) 599-7290

Foster Care and Adoption Services

The ANSWER BOOK

<https://www.mass.gov/youth-in-state-care>

A website with information for adolescents and young adults involved with the Department of Children and Families. For a hard copy, contact the Children's Law Center at (781) 581-1977.

Child & Family Services

Adoption Journeys Merrimack Valley

439 South Union St, Ste 203B, Lawrence, MA 01843

p: (978) 687-5852 f: (978) 687-5857

www.child-familyservices.org/lawrence

A statewide resource that offers post-adoption support through regional response teams who offer joint problem-solving, advocacy, coordination of services, and home-based counseling; support groups; parent and young adult peer mentorship from someone who has experienced adoption; and respite care.

Children’s Law Center of Massachusetts

p: (781) 581-1977 Lynn, MA

See page 20

Certified to accept court assigned cases in care and protection matters, represents and advocates for children in custody, visitation and guardianship issues as well as before DCF and other state agencies on matters affecting children’s well-being and safety.

Court Appointed Special Advocates (CASA)

430 North Canal St, Lawrence, MA 01840

p: (978) 327-6615 f: (978) 327-6601

e: casa@fsmv.org

www.essexcountycasa.org

Serves Salem Juvenile Court.

Youth and families may request that the court appoint a volunteer to work with the court and the social service system to ensure the youth gets all necessary services. Advocates for youth in foster care also inform the judge of updates and make recommendations.

Child at Risk Hotline (DCF 24 Hour Hotline)

p: (800) 792-5200

See page 28

After-hours urgent assistance for children in foster care.

Committee for Public Counsel Services (CPCS)

Children & Family Law Program (CAFL)

www.publiccounsel.net/cafl

Eligibility restrictions: low-income, by court appointment only

Ages: all

Fees: none

Part of CPCS’s statewide program that provides lawyers to parents and children in child welfare (Care & Protection and CRA [formerly CHINS]) cases. Attorneys must be appointed by the courts to represent children and parents (pg. 66).

Salem Office

One Salem Green, Ste 403, Salem, MA 01970

p: (978) 825-2070 f: (978) 825-2085
www.publiccounsel.net/dir/salem-cafl
Serves Lynn, Newburyport, and Salem Juvenile Courts.

Jewish Family & Children's Service

p: (781) 647-5327 Waltham, MA
See page 22
p: (800) 533-4346 e: info@adoptionresources.com
Ages: adults Fees: free consultation

Adoption Resources program provides support and counseling before, during, and after placement of child. Also provides information on various types of adoptions and helps families choose the level of openness in their adoptions.

Massachusetts Adoption Resource Exchange (MARE)

19 Needham St, Ste 206, Newton, MA 02461
p: (617) 964-MARE (6273) f: (617) 542-1006
e: web@MAREinc.org
www.mareinc.org

MARE is a mentor program for adoptive families that aims to find permanent homes for children waiting in foster homes.

Massachusetts Department of Children and Families (DCF)

www.mass.gov/dcf
See page 29
p: (617) 748-2444 (Ombudsman)

As Massachusetts' child protection agency, DCF offers foster care services, adoption services, programs for adolescents, and health and medical services for children in state custody. The Office of the Ombudsman responds to inquiries on issues of clients, foster and adoptive parents, and concerned citizens, and mediates and resolves disputes as possible.

Cape Ann Area Office

p: (978) 825-3800 Salem, MA

Lynn Area Office

p: (781) 477-1600

Massachusetts Network of Foster Care Alumni

Judge Baker Children's Ctr, 53 Parker Hill Ave, Boston, MA 02120
p: (877) 624-3440
www.massnfca.org
Eligibility restrictions: formerly in foster care

A state-affiliated group that works on behalf of alumni of foster care. Provides support and resources for alumni in need, especially those in transition. Promotes community for alumni through partnerships with DCF youth advisory boards and special events.

Health Services

All Care Visiting Nurse Association and Hospice

210 Market St, Lynn, MA 01901
p: (781) 598-2454 f: (781) 598-3571
www.allcare.org
Ages: 18+ yrs

Specialized in-home nursing services and private care.

Beverly Hospital

85 Herrick St, Beverly, MA 01915
p: (978) 922-3000
www.beverlyhospital.org

Medical center and acute care facility. Also offers young mothers' program (pg. 82).

Boston Children's Hospital at Peabody

10 Centennial Dr, Peabody, MA 01960
p: (781) 216-3400
www.childrenshospital.org/about-us/locations/peabody
Ages: under 21 yrs Fees: insurance-based

Offers specialty medical services for children and adolescents. Also offers a community outreach component to connect families to resources and providers.

Health Care for All

1 Federal St, Boston, MA 02110
p: (617) 350-7279 f: (617) 451-5838
helpline: (800) 272-4232
TTY: (617) 350-0974
www.hcfama.org
Ages: all Fees: none
Hours: M–F 9–5

Offers several services aimed at providing information about health care as well as helping at-risk individuals obtain coverage. Services include a helpline, information referrals, and advocacy.

Health Law Advocates

1 Federal St, 5th Fl, Boston, MA 02110
p: (888) 211-6168
www.healthlawadvocates.org
Eligibility restrictions: low-income, Massachusetts resident
Ages: all Fees: none

20 Central Ave, Lynn, MA 01901
p: (781) 477-7222

Hosts WIC program, eye care, group therapy, and behavioral health services.

280 Union Street
280 Union St, Lynn, MA 01901
p: (781) 780-4984 f: (781) 598-1050

Provides family medicine, behavioral health, and addiction treatment (pg. 93).

Mass General/North Shore Center for Outpatient Care

102-104 Endicott St, Danvers, MA 01923
p: (978) 882-6100
www.massgeneralnorthshore.org

Features an array of medical and surgical services for the whole family, including comprehensive cancer and breast health centers, cardiology evaluation and management services, imaging services, primary care, and a range of other specialty services.

Massachusetts Behavioral Health Partnership (MBHP)

p: (800) 495-0086 f: (855) 294-0149
www.masspartnership.com
Eligibility restrictions: MassHealth/MBHP members with PCC plan
Ages: birth–64 yrs Fees: none

Through the Integrated Care Management Program (ICMP), offers case management and connection to services in the community for individuals who have complex or multiple health and mental health needs (pg. 77). Services include assistance with transportation and housing issues, getting answers to questions between medical appointments, and developing and implementing care plans.

Massachusetts Department of Public Health (DPH)

250 Washington St, Boston, MA 02108
p: (617) 624-6000 f: (617) 624-5206
TTY: (617) 624-6001
www.mass.gov/dph
Ages: all Fees: none

Government health agency coordinating services including health statistics, hospital services, vaccinations, family and community health, and WIC programs, as well as informing families with children with special health needs about public programs and benefits they may be eligible for, and about the state and community-based resources that may provide assistance. DPH also provides substance abuse services through the Bureau of Substance Addiction Services (pg. 93).

Bureau of Substance Addiction Services (BSAS)

p: (617) 624-5111

TTY: (888) 448-8321

<https://www.mass.gov/orgs/bureau-of-substance-addiction-services>

Massachusetts Healthy Start

p: (800) 841-2900 (applications) TTY: (800) 497-4648

p: (888) 488-9161 (customer service)

Hours: M–F 8:30–5

Eligibility restrictions: pregnant, MA resident, not eligible for MassHealth (except MassHealth Limited), and low-income

Provides free insurance. Insurance covers prenatal care, two months of postpartum care, counseling, and referrals (pg. 88).

Minute Clinic – CVS

p: (866) 389-2727

www.minuteclinic.com

Ages: all Fees: health insurance

Hours: M–F 8–7; Sa 9–5:30; Su 10–5:30

Walk-in health care clinic located inside a CVS store where patients can see a nurse practitioner or physician’s assistant without an appointment.

Beverly

19 Dodge St, Beverly, MA 01915

Danvers

311 Newbury St, Danvers, MA 01923

Salem

300 Canal St, Salem, MA 01970

North Shore Community Health, Inc.

Ages: all

Fees: insurance-based, some free care

Provides medical, dental, lab and behavioral health services and insurance counseling. Portuguese and Spanish-speaking translators available. Also offers postpartum counseling (pg. 85), reproductive health (pg. 88), and substance abuse (pg. 94) services.

Gloucester Family Health Center

302 Washington St, Gloucester, MA 01930

p: (978) 282-8899

Hours: M–T 8:30–6:30; W–F 8:30–5

Peabody Family Health Center

89 Foster St, Peabody, MA 01960

p: (978) 532-4903

Hours: M 8:30–7; T–F 8:30–5

Peabody Veterans Memorial High Student Health Center

485 Lowell St, Peabody, MA 01960

p: (978) 536-4720

Hours: M–F 7–3 (when school is in session)

Salem Family Health Center

47 Congress St, Salem, MA 01970

p: (978) 744-8388

Hours: M–W 9–9; Th–F 9–5; Sa 9–1

Hosts a WIC center and diabetes services. Also offers bilingual postpartum depression counseling services (pg. 85).

Salem High School Teen Health Center

7 Wilson St, Salem, MA 01970

p: (978) 740-1220

Hours: M–F 7–3 (when school is in session)

North Shore Health Project

e: info@healthproject.org

www.healthproject.org

Ages: all

Fees: none

Case Management and Holistics

5 Center St, Gloucester, MA 01930

p: (978) 283-0101

ONE STOP Prevention and Screening Services

302 Washington St, Gloucester, MA 01930

p: (978) 865-3924

Provides holistic health care, support services such as case management and housing assistance, needle exchange, community education, overdose prevention, information, and outreach in a confidential environment for people living with HIV, AIDS and Hepatitis C (pg. 88).

North Shore Medical Center

p: (978) 741-1200

Salem, MA

See page 26

Hospital, medical, and mental health services for Lynn/Salem area.

MassGeneral for Children at North Shore Medical Center

p: (978) 745-2100

Salem, MA

p: (978) 354-2660 (Family Resource Center)

Offers a spectrum of pediatric care, including in-patient care, subspecialty clinics, rehabilitation services, multidisciplinary evaluation, neurodevelopmental center, behavioral medicine program, and diagnostic services such as pediatric radiology and audiology. Also offers a Family Resource Center as a mindfulness and parents' resource.

Salem Hospital

p: (978) 741-1200

Provides primary care as well as a number of specialty medical services.

Union Hospital

p: (781) 581-9200 Lynn, MA

Provides primary care as well as a number of specialty medical services.

School-Based Health Centers

Teen health centers located in the school provide an array of health services as detailed below, including mental health services (pg. 81). Four different agencies partner with various schools to provide these health centers.

Addison Gilbert Hospital

Partnering with Gloucester Public Schools and the Massachusetts Department of Public Health (DPH), provides easily accessible comprehensive healthcare for students.

Gloucester High School Based Health Center

32 Leslie O Johnson Rd, Gloucester, MA 01930

p: (978) 281-3901

Hours: M–F 8–2:30 (when school is in session)

Lahey Health Behavioral Services Student Assistance Program

p: (978) 867-7137 f: (978) 922-0098

e: lea.forster@lahey.org

Ages: 12–18

Eligibility Restrictions: parental consent, must attend school where service is offered

The Student Assistance Program (SAP) consists of Master's level mental health counselors who hold office hours in local North Shore schools. SAP counselors provide support and intervention services to students who experience academic, social, or behavioral challenges.

Lynn Community Health Center

www.lchcnet.org

These in-school clinics provide emotional and, in some cases, health care services to children, regardless of the family's ability to pay.

Breed Middle School Teen Health Center

90 O'Callaghan Way, Lynn, MA 01905

p: (781) 477-7330

Brickett Elementary School

123 Lewis Street, Lynn, MA 01902

p: (781) 691-9417

(behavioral health only)

Callahan Elementary School

200 O'Callaghan Way, Lynn, MA 01905

f: (781) 477-7340

(behavioral health only)

Cobbett Elementary School Clinic

40 Franklin St, Lynn, MA 01902

p: (781) 477-7341

(behavioral health only)

William P. Connery Elementary School Clinic

50 Elm St, Lynn, MA 01905

p: (781) 477-7344

Ford Elementary School Clinic

49 Hollingsworth Street, Lynn, MA 01902

p: (781) 691-9416

Harrington Elementary School Clinic

21 Dexter St, Lynn, MA 01902

p: (781) 477-7380

Ingalls Elementary School Clinic

1 Collin Street Ter, Lynn, MA 01902

Lynn Classical High School Clinic

235 O'Callaghan Way, Lynn, MA 01905

Lynn English High School Clinic

50 Goodridge St, Lynn, MA 01902

Lynn Vocational Technical High School Clinic

80 Neptune Blvd, Lynn, MA 01902

p: (781) 581-7740

Marshall Middle School Clinic

100 Brookline St, Lynn, MA 01902

Tracy Elementary School Clinic

35 Walnut St, Lynn, MA 01905
p: (781) 691-9415
(behavioral health only)

North Shore Community Health, Inc.

Offers confidential medical and behavioral health care to students.

Peabody Veterans Memorial High Student Health Center

See page 50.

Salem High School Teen Health Center

See page 50.

Housing Services

Action, Inc.

p: (978) 282-1000 Gloucester, MA
See page 31

Advocates help with housing issues such as evictions, housing searches, landlord/tenant disputes, move-in costs, and applying for state/federal/subsidized housing. Also provide fuel and weatherization assistance through the Energy program.

Emergency Shelter

p: (978) 283-4125 Gloucester, MA

Emergency shelter for homeless adults.

Catholic Charities North

www.ccab.org/?q=location-north-boston
See page 13

Homeless prevention financial assistance at the following offices. Call for funding availability. Information and referral, financial education, and budget counseling also available.

Gloucester Office

p: (978) 283-3055

Lynn Office

p: (781) 593-2312

Salem Office

p: (978) 740-6923

Citizens Inn

81 Main St, Peabody, MA 01960

p: (978) 531-9775

f: (978) 717-5158

www.citizensinn.org

e: info@citizensinn.org

Ages: all

Fees: none

See page 40.

Citizens Inn Between

25 Holten St, Peabody, MA 01960

p: (978) 532-2372

f: (978) 531-6548

Emergency program that houses up to six families and assists with case management, efforts to obtain housing, and educational and vocational advancement.

Citizens Inn Haven from Hunger

71 Wallis St, Peabody, MA 01960

p: (978) 531-9775

f: (978) 717-5158

Citizens Inn Homes

40 Washington St, Peabody, MA 01960

p: (978) 531-9775

f: (978) 977-9008

Offers efforts to obtain permanent housing and subsidies, as well as 12 months of follow-up case management after discharge to help families transition and stabilize in their new housing.

Citizens Inn Transition

42 Washington St, Peabody, MA 01960

p: (978) 531-9775

Eligibility restrictions: parent in recovery

Six-month sober-living transitional housing program for up to eight families that allows homeless families to remain together while a parent is in recovery from alcohol or other substance abuse. (pg. 90)

Family Promise North Shore Boston

330 Rantoul St, Beverly, MA 01915

p: (978) 922-0787

www.familypromisensb.org

Eligibility restrictions: must have a dependent child under 18 yrs

Nonprofit interfaith hospitality network that provides temporary shelter, including meals, hospitality, and case management for families experiencing homelessness on the North Shore.

The Haven Project

57 Munroe St, 2nd Fl, Lynn, MA 01901

p: (781) 913-5738

e: office@havenproject.net

www.havenproject.net

Eligibility restrictions: homeless or at risk for becoming homeless

Ages: 17–24 yrs

Fees: none

Helps young adults who are homeless or at risk of becoming homeless build a foundation from which they can reach their potential. Support and stabilization services including health and medical referrals, shelter, clothing, and toiletries. Also offers food (pg. 40) and life skills and job search services (pg. 97).

Housing Authorities

Eligibility: varies based on income.

Promotes and provides adequate and affordable housing, economic opportunity, and a suitable living environment. Provides subsidized housing or assistance with rent payments to low-income families and elderly citizens.

Beverly Housing Authority

137R Bridge St, Beverly, MA 01915

p: (978) 922-3100

f: (978) 921-2121

e: office@beverlyhousing.net

www.beverlyhousing.net

Hours: M–W 8:30–4; Th 8:30–6:30; F 8:30–12:30

Danvers Housing Authority

14 Stone St, Danvers, MA 01923

p: (978) 777-0909

www.danvershousingauthority.org

Essex Housing Authority

Lufkin House, Chebacco Ter, Essex, MA 01929

p: (978) 768-6821

Gloucester Housing Authority

259 Washington St, PO Box 1599, Gloucester, MA 01931

p: (978) 283-1234

www.ghama.com

Hours: M–Th 8–4:15; F 8–12

Hamilton Housing Authority

121 Railroad Ave, South Hamilton, MA 01982

p: (978) 468-3981

Lynn Housing Authority and Neighborhood Development (LHAND)

10 Church St, Lynn, MA 01902

p: (781) 581-8600

www.lhand.org

Hours: M,W,Th 8–4; Tu 8–7; F 8–12

Includes Family Success Center that assists with housing, job search and skill building assistance, financial education, coaching, and credit counseling. Also provides support to veterans and those at risk of homelessness.

Lynnfield Housing Authority

600 Ross Drive, Lynnfield, MA 01940
 p: (781) 581-5783
 lynnfieldhousing.org

Manchester Housing Authority

PO Box 608, Manchester, MA 01944
 p: (978) 526-1850

Marblehead Housing Authority

26 Rowland St, Marblehead, MA 01945
 p: (781) 631-2580 f: (781) 639-2340
 www.marblehead.dreamhosters.com
 Hours: M, Th 8–4; Tu 8–7; W 12–4; F 8–12

Middleton Housing Authority

Orchard Circle, Middleton, MA 01949
 p: (978) 774-4333 f: (978) 774-0336

Nahant Housing Authority

194 Nahant Rd, Nahant, MA 01908
 p: (781) 581-9623

Peabody Housing Authority

75 Central St, Peabody, MA 01960
 p: (978) 531-1938 f: (978) 977-0489
 www.peabodyhousing.org

Rockport Housing Authority

13 Millbrook Park, Rockport, MA 01966
 p: (978) 546-3181 f: (978) 546-2306
 www.rockportma.gov/housing-authority
 Hours: M–W 8:30–4:30; Th 8:30–6; F 8:30–12

Salem Housing Authority

27 Charter St, Salem, MA 01970
 p: (978) 744-4431 f: (978) 744-9614
 salemha.org
 Hours: M–W 8–4; Th 8–7; F 8–12

Saugus Housing Authority

19 Talbot St, Saugus, MA 01906
 p: (781) 233-2116 f: (781) 233-3531
 www.saugus-ma.gov/housing-authority
 Hours: M 8:30–6; Tu–Th 8:30–4:30; F 8:30–1

Swampscott Housing Authority

6 Duncan Terrace, Swampscott, MA 01907
p: (781) 593-5516

Wenham Housing Authority

Larch Lane, Wenham, MA 01984
p: (978) 468-1532
wenhamhousingauthority.com
Hours: Tu,W,F 8–3
Only housing for elderly and disabled available

Lifebridge

p: (978) 744-0500 Salem, MA
See page 41

Provides permanent supported housing for formerly homeless adults as well as transitional shelter. Case managers offer help with applying for health insurance, section 8, and other housing authorities.

Lynn Shelter Association

91 Liberty St, Lynn, MA 01901
p: (781) 581-0739 e: info@lsahome.org
www.lsahome.org
Eligibility restrictions: sober, photo ID (any state)
Ages: 18 and above

Provides emergency shelter which includes case management and referrals.

Massachusetts Coalition for the Homeless

73 Buffum St, Lynn, MA 01902
p: (781) 595-7570
www.mahomeless.org
Eligibility restrictions: low-income
Ages: all Fees: none
Hours: M–F 8–5

Provides services to homeless individuals and families. Also runs the Bed for Every Child program that provides beds to low-income families. Contact the child’s school social worker for more information. Services include free homelessness prevention assistance, housing search assistance, and landlord-tenant mediation. Referrals can be made at: www.abedforeverychild.org.

Massachusetts Department of Transitional Assistance (DTA)

p: (800) 249-2007 (application info hotline)
See page 42

Assists with locating and placing those experiencing homelessness in emergency shelter.

North Shore Office

p: (978) 825-7300

Salem, MA

North Shore Community Action Programs (NSCAP)

p: (978) 531-0767

Peabody, MA

See page 37

p: (978) 531-0767 ext 150 (housing)

p: (978) 531-0767 ext 4 (fuel assistance)

Eligibility restrictions: low-income

Ages: all

Fees: none

Hours: M–F 9–5

Serves Peabody, Salem, Beverly, Danvers

Offers advocates who act as case managers to help individuals improve their living situation by resolving crises; making referrals; and providing financial assistance with overdue rent, housing “start-up” money, heating, and past-due utility bills. Additional specialty housing services sometimes available.

North Shore Community Development Coalition

p: (978) 745-8071

Salem, MA

See page 34

Eligibility restrictions: low-income

Ages: all

Fees: none

Through its Family Resource Center, offers workshops on topics such as money management, tenant issues, and subsidized housing as well as a Home Buying 101 class. Also manages affordable housing properties in Salem.

Northeast Legal Aid-Northeast Justice Center

p: (978) 458-1465

Lynn, MA

See page 29

Provides eviction and foreclosure defense and advocates for those seeking and experiencing problems with subsidized and affordable housing.

Salvation Army of Lynn

p: (781) 598-0673

See page 9

Emergency help with rent assistance and housing counseling.

Wellspring House, Inc.

p: (978) 281-3221

Gloucester, MA

See page 36

p: (978) 281-3221 ext 311 (emergency funding)

p: (978) 281-3221 ext 315 (shelter director)

Eligibility restrictions: families with children 0–18 yrs

Ages: all

Fees: none

Serves Gloucester, Manchester-by-the-Sea, Rockport, Essex

Provides housing services for families including housing search assistance, advocacy for affordable housing and issues related to homelessness, emergency homeless prevention funding and guidance, and support for those recently experiencing homelessness.

Immigration Services

Catholic Charities Boston Refugee & Immigration Legal Services

www.ccab.org

Eligibility restrictions: immigrant or refugee status

Ages: all Fees: vary

Provides legal consultation, referral, and representation for an array of immigration benefits such as political asylum, naturalization, and family reunification.

Children's Law Center of Massachusetts

p: (781) 581-1977 Lynn, MA

See page 20

Offers legal representation and support to immigrant children, including unaccompanied immigrant youth, in issues addressing the child's immigration status, access to education and health care, and guardianship. Also offers toll-free helpline providing assistance and guidance.

Community Legal Services and Counseling Center

47 Thorndike St, Ste SB-LL-1, Cambridge, MA 02141

p: (617) 661-1010 f: (617) 661-1011

www.clsacc.org

Eligibility restrictions: residing in Massachusetts

Provides legal consultation, referral, and representation for immigration matters with a focus on political asylum and survivors of domestic violence.

Greater Boston Legal Services (GBLS)

197 Friend St, Boston, MA 02114

p: (617) 371-1234 TDD: (617) 371-1228

www.gbls.org

Eligibility restrictions: low-income

Ages: all

Fees: none

Provides legal assistance regarding immigration to refugees, asylum seekers, victims of domestic violence, victims of crimes, and unaccompanied minors. Also offers a broad array of other civil legal advocacy primarily in the Greater Boston area (pg. 68).

International Institute of New England

2 Boylston St, 3rd Fl, Boston, MA 02116

p: (617) 695-9990

f: (617) 695-9191

www.iine.org

e: info@iine.org

Eligibility restrictions: immigrant or refugee status

Ages: all

Fees: vary

Provides resettlement services, including housing placement, job training, and legal services, to refugees. Some sites offer 12 week course for preparation for citizenship, ESL classes, and after-school programs.

Irish International Immigrant Center

One State St, Ste 800, Boston, MA 02109

p: (617) 542-7654

f: (617) 542-7655

www.iiicenter.org

Eligibility restrictions: immigrant status

Ages: all

Fees: donations accepted

Multiservice initiative helping people find their place in a multicultural society. Offers legal assistance on various immigration issues and conducts free informational immigration clinics throughout Boston. Also has a Wellness and an Education Department that teaches English classes, Citizenship preparation courses, and computer classes.

Massachusetts Immigration and Refugee Advocacy Coalition (MIRA)

105 Chauncey St, Ste 901, Boston, MA 02111

p: (617) 350-5480

f: (617) 350-5499

www.miracoalition.org

Ages: all

Fees: none

Policy organization that promotes the rights of immigrants and refugees. Partners with local organizations to offer legal assistance for eligible permanent residents who want to become citizens. Also connects individuals to legal services, ESOL programs, health and human services, and Know Your Rights workshops.

Massachusetts Office for Refugees and Immigrants (ORI)

600 Washington St, 4th Fl, Boston, MA 02111

p: (617) 727-7888

f: (617) 727-1822

TTY: (617) 727-8147

www.mass.gov/ori

Provides assistance with the citizenship process and promotes participation of refugees and immigrants as self-sufficient citizens.

Northeast Legal Aid-Northeast Justice Center

p: (978) 458-1465 Lynn, MA

See page 29

Offers legal assistance on immigration issues to victims of domestic violence and non-citizen minors.

New American Center

p: (978) 593-0100 Lynn, MA

See page 7

Assists with green card and citizenship applications, immigration advocacy, and service referrals. Also offers case management and employment assistance to refugees and asylees.

Political Asylum/Immigration Representation (PAIR) Project

98 North Washington St, Ste 106, Boston, MA 02114

p: (617) 742-9296 f: (617) 742-9385

www.pairproject.org

Provides free legal representation to asylum-seekers and immigration detainees, offers “Know Your Rights” community education, referrals to reduced-fee private immigration attorneys, and provides resource materials on immigration law.

Victim Rights Law Center

115 Broad St, 3rd Fl, Boston, MA 02110

p: (617) 399-6720 f: (617) 399-6722

www.victimrights.org

Ages: all Fees: none

Hours: M–F 9–5

Provides consultation and legal representation to victims of sexual assault in the areas of privacy, education, immigration, employment, public benefits, housing, and safety.

Juvenile Justice

Children’s Law Center of Massachusetts

p: (781) 581-1977 Lynn, MA

Ages: 7–17 yrs

See page 20

Accepts court assigned cases for matters where a child allegedly violates criminal laws of the Commonwealth.

**Committee for Public Counsel Services (CPCS)
Youth Advocacy Division (YAD)**

www.publiccounsel.net/ya

Eligibility restrictions: low-income, by court appointment only

Ages: 7–17 yrs Fees: none

Hours: M–F 8:30–4:30

Part of CPCS’s statewide defender program for juveniles. Attorneys must be appointed by the court to represent low-income children in delinquency proceedings (pg. 66).

Lowell Office

40-44 Church St, 1st Fl, Lowell, MA 01852

p: (978) 856-6180 f: (978) 446-3916

www.publiccounsel.net/dir/lowell-ya

Serves Essex and Middlesex Counties, focusing on Lawrence and Lowell Juvenile Courts.

Salem Office

One Salem Green, Ste 501A, Salem, MA 01970

p: (978) 825-2090 f: (978) 825-2095

www.publiccounsel.net/dir/salem-ya

Serves Essex County, including Salem, Lynn, and Newburyport Juvenile Courts.

Essex County District Attorney’s Office

10 Federal St, 5th Fl, Salem, MA 01970

p: (978) 745-6610 f: (978) 744-9470

TTY: (867) 741-3163

www.mass.gov/essexda

Ages: all Fees: none

Hours: M–F 8:30–5

Prosecutor’s office for criminal cases in Essex County. Offers crisis intervention, referrals to appropriate programs and service providers, and information and advocacy to victims. Offers services to crime victims, their family members, and witnesses and provides support through the court process.

Essex County Juvenile Court

The court where juvenile delinquency cases are heard. Care & Protection and Child Requiring Assistance also heard here (pg. 67).

Lynn Session

139 Central Ave, Lynn, MA 01902

p: (781) 586-0415 (ext 4 for Clerk)

Hours: M–F 8:30–4:30

Jurisdiction: Lynn, Marblehead, Nahant, Saugus, and Swampscott

Newburyport Session

188 State St, Rte 1, Traffic Circle, Newburyport, MA 01950
 p: (978) 462-0617 ext 5 f: (978) 463-7950
 Hours: M–F 8:30–4:30
 Jurisdiction: Amesbury, Essex, Hamilton, Ipswich,
 Merrimac, Newbury, Newburyport, Rowley, Salisbury,
 Topsfield, Wenham, and West Newbury

Salem Session

56 Federal St, Salem, MA 01970
 p: (978) 744-5500 TTY: (978) 744-5880
 Hours: M–F 8:30–4:30
 Jurisdiction: Beverly, Danvers, Essex, Lynnfield,
 Manchester-by-the-Sea, Peabody, and Salem

Lynn Youth Street Outreach Advocacy, Inc. (LYSOA)

312A Union St, Lynn, MA 01901
 p: (781) 342-0580
 www.lysoa.org
 Ages: 12–24
 Hours: M–F 8–4

Provides services to at-risk and court-involved youth, young adults, and their families in the Lynn community. Services include outreach activities, case management with weekly visits and phone check-ins, mediation services, community service, educational needs, and family development. Also offers job search assistance (pg. 98).

Massachusetts Department of Youth Services (DYS)

www.mass.gov/dys
 Eligibility restrictions: youth committed to DYS
 Ages: 7–18 yrs Fees: none

Juvenile justice agency of Massachusetts. Services incorporate secure facilities, client services, clinical services, health services, substance abuse services, and education services.

Northeast Regional Office

33 Gregory St, Middleton, MA 01949
 p: (978) 716-1100

Plummer Youth Promise: On Point Program

p: (978) 594-1657 Salem, MA
 See page 8

Offers a 90-day program for at-risk court-involved youth with support groups, recreational activities, and community service.

Roca

52 Andrew St, Lynn, MA 01901
 p: (781) 780-9611

www.rocainc.org

Ages: 17–24 yrs

Fees: none

Offers a range of interventions, especially outreach, to the highest risk youth (e.g., street-, court- and gang-involved, drop-outs, teen parents) in an effort to provide them the opportunity to lead safe, productive lives (pg. 99).

Straight Ahead Ministries

1 Munroe St, 3rd Fl, Lynn, MA 01901

p: (781) 592-6070

f: (508) 438-0182

www.straightahead.org

Eligibility restrictions: incarcerated youth

Ages: 12–18 yrs

Fees: none

Provides reentry programming for incarcerated and gang affiliated youth in the Boston/Lynn area. Programs include job training, educational services, mentoring relationships, and case management (pg. 100).

Legal Services

Boston Bar Association

16 Beacon St, Boston, MA 02108

p: (617) 742-0615

toll-free: (800) 552-7046

www.bostonbarlawyer.org

Ages: all

Fees: vary

Hours: M–F 9–5

The Lawyer Referral Service connects callers in need of legal assistance with qualified help from private attorneys, legal services agencies, government offices, and community programs. Makes referrals to lawyers or other resources that specialize in the area of law related to the specific situation.

Children’s Law Center of Massachusetts

p: (781) 581-1977

Lynn, MA

Ages: 0-22 yrs

See page 20

Offers individual legal representation to low-income children and youth in education, child welfare, and immigration issues; provides information and referrals, including a statewide help-line (1-888-KIDLAW8); and offers outreach to clinical and other non-profit agencies serving low-income youth.

**Committee for Public Counsel Services (CPCS)
Children & Family Law Program (CAFL)**

www.publiccounsel.net/cafl
See page 45

CPCS's office that provides lawyers to parents and children in child welfare (Care & Protection and CRA [formerly CHINS]) cases. Attorneys appointed by the court.

Salem Office

p: (978) 825-2070

**Committee for Public Counsel Services (CPCS)
Youth Advocacy Division (YAD)**

www.publiccounsel.net/ya
See page 63

Juvenile public defender office. Attorneys appointed by court for youth involved in delinquency proceedings.

Lowell Office

p: (978) 856-6180
Serves Essex and Middlesex Counties, focusing on Lawrence and Lowell Juvenile Courts.

Salem Office

p: (978) 825-2090
Serves Essex County, including Salem, Lynn, and Newburyport Juvenile Courts.

Disability Law Center

p: (617) 723-8455 Boston, MA
See page 20

Legal services for adults and children with disabilities to address assistance with health care, special education, and public benefits.

Essex County Bar Association

45 Congress St, Ste 4100, Salem, MA 01970
p: (978) 741-7888 f: (978) 741-1348
www.essexcountybar.org
Ages: all Fees: vary

Offers a service to refer individuals to attorneys in the area who will provide free or reduced-fee consultations or representation.

Essex County District Courts

www.mass.gov/courts

Gloucester District Court

197 Main St, Gloucester, MA 01930
p: (978) 283-2620 f: (978) 283-8784

Hours: M–F 8:30–4:30
 Jurisdiction: Essex, Gloucester, Rockport

Lynn District Court

580 Essex St, Lynn, MA 01901
 p: (781) 598-5200 f: (781) 598-4350

Hours: M–F 8:30–4:30
 Jurisdiction: Lynn, Marblehead, Nahant, Saugus, Swampscott

Newburyport District Court

188 State St, Newburyport, MA 01950
 p: (978) 462-2652 f: (978) 465-6471

Hours: M–F 8:30–4:30
 Jurisdiction: Amesbury, Merrimac, Newbury, Newburyport, Rowley, Salisbury, West Newbury

Peabody District Court

1 Lowell St, Peabody, MA 01960
 p: (978) 532-3100 f: (978) 531-8524

Hours: M–F 8:30–4:30
 Jurisdiction: Lynnfield, Peabody

Salem District Court

56 Federal St, Salem, MA 01970
 p: (978) 744-1167

Hours: M–F 8:30–4:30
 Jurisdiction: Beverly, Danvers, Manchester-by-the-Sea, Middleton, Salem

Essex County Juvenile Court

See page 63

Lynn Session

p: (781) 586-0415

Newburyport Session

p: (978) 462-0617

Salem Session

p: (978) 744-5500
 TTY: (978) 744-5880

Essex County Superior Court

www.mass.gov/courts

Lawrence Session

43 Appleton Way, Lawrence, MA 01841
 p: (978) 242-1900 f: (978) 687-7869

probation: (978) 242-1905 f: (978) 682-0474
 Hours: M–F 8:00–4:30

Jurisdiction: All cities and towns in Essex County

Newburyport Session

145 High St, Newburyport, MA 01950
 p: (978) 462-4474 f: (978) 462-0432
 Jurisdiction: All towns in Essex County

Salem Session

56 Federal St, Salem, MA 01970
 p: (978) 744-5500 f: (978) 741-0691
 probation: (978) 825-4880 f: (978) 741-4368
 TTY: (978) 744-5880
 Hours: M–F 8:00–4:30
 Jurisdiction: All cities and towns in Essex County

Gay and Lesbian Advocates and Defenders (GLAD)

18 Tremont St, Ste 950, Boston, MA 02108
 p: (617) 426-1350 f: (617) 426-3594
 e: gladlaw@glad.org
 www.glad.org
 Ages: all Fees: vary

Provides legal information, referrals and, in some cases, representation to address discrimination based on sexual orientation, HIV status, and gender identity (pg. 70).

Greater Boston Legal Services (GBLS)

p: (617) 371-1234 Boston, MA
 See page 60

Offers legal assistance in a wide variety of matters including disability law, immigration issues, housing, and wage violations to victims of domestic violence, in denial of unemployment, and around cash assistance, TAFDC, EAEDCF, and food stamps.

Health Law Advocates

p: (888) 211-6168 Boston, MA
 See page 47

Provides legal assistance to those experiencing difficulty accessing or paying for health insurance or needed medical services.

Massachusetts Advocates for Children

p: (617) 357-8431 Boston, MA
 See page 22

Provides legal assistance to children experiencing barriers to education. Offers helpline for information, assistance, and referrals.

**Massachusetts Bar Association
 Legal Referral Service**

20 West St, Boston, MA 02111
 p: (617) 654-0400
 toll-free: (866) 627-7577

www.masslawhelp.com

Ages: all

Hours: M–F 9–4:45

Fees: vary, some sliding scale

A lawyer referral service that can help in a search for an attorney.

Massachusetts Bureau of Special Education Appeals (BSEA)

1 Congress St, 11th Fl, Boston, MA 02114

p: (617) 626-7250

f: (617) 626-7270

www.mass.gov/orgs/bureau-of-special-education-appeals

Ages: 3–22 yrs

Fees: none

Conducts mediations and hearings to resolve disputes about special education services or placements among parents, school districts, private schools, and state agencies. Parents or school districts may request assistance.

Mental Health Legal Advisors Committee

24 School St, Ste 804, Boston, MA 02108

p: (617) 338-2345

www.mhlac.org

Ages: all

Fees: none

Hours: M–F 9–5

Provides advice, advocacy, and full representation on issues related to mental health including confinement, denial of rights, and school discipline.

Northeast Legal Aid-Northeast Justice Center

p: (978) 458-1465

See page 29

Offers a broad range of civil legal assistance including on immigration issues and with respect to public benefits as well as to victims of domestic violence and to individuals in housing matters.

North Shore Community Mediation

p: (978) 232-1212

f: (978) 232-0060

www.nsmediation.org

e: info@nsmediation.org

Ages: all

Fees: sliding scale

Provides non-adversarial, third party mediation services to assist in identifying disputed issues and seeking fair settlements without involving a court. Also provides parent/family mediation (pg. 85).

LGBTQIA+ Services

Fenway Community Health Peer Listening Line

p: (617) 627-2535
toll-free: (800) 399-7337 (PEER)
Ages: 25 and under

Anonymous and confidential help line that is a safe place for LGBT youth to call for information, referrals, and support.

Gay and Lesbian Advocates and Defenders (GLAD)

p: (617) 426-1350 Boston, MA
See page 68

Provides legal information, referrals, and, in some cases, representation to address discrimination based on sexual orientation and gender identity.

Gay, Lesbian, Bisexual, and Transgender National Hotline

Hotline: (888) 843-4564
Youth talkline: (800) 246-7743
www.youthtalkline.org
Hours: M–F 4–12; Sa 12–5

Provides telephone, email, and instant messaging peer-counseling, as well as factual information and local resources for cities and towns across the United States.

Greater Boston Parents, Families, and Friends of Lesbians and Gays (PFLAG)

85 River St, Ste 3A, Waltham, MA 02453
p: (781) 891-5966 e: info@gbpflag.org
parent/caregiver helpline: (866) 427-3524
www.gbpflag.org
Ages: all Fees: none

PFLAG uses support, education, resources, a helpline, and advocacy to foster dialogue, create safe environments, counter homophobia and violence, and help parents and families to understand and connect with their LGBTQIA+ children.

Massachusetts Commission on LGBTQ Youth

250 Washington St, 4th Fl, Boston, MA 02108
p: (617) 624-5495
<https://www.mass.gov/orgs/massachusetts-commission-on-lgbtq-youth>

Provides individual, group, family, and couples counseling. In addition to expressive art therapy and art-based therapy groups, also provide services related to PTSD, anxiety, depression, autism, bullying, and self-esteem issues. Play therapy, dialectical behavioral therapy, and cognitive behavioral therapy available.

BayRidge Hospital

60 Granite St, Lynn, MA 01904

p: (781) 599-9200

p: (781) 477-6940 (emergency psychiatric services)

www.beverlyhospital.org/locations--services/locations/bayridge-hospital

Ages: 18+ yrs

Fees: vary, primarily insurance

In-patient and partial hospitalization program. Offers psychiatric services and mental health counseling. Also offers substance abuse counseling (pg. 89).

Blueskies Wellness, Inc.

232 Pleasant St, 2nd Fl, Methuen, MA 01841

p: (978) 655-1823

f: (978) 655-1759

helpline: (888) 336-1411

www.blueskieswellnessinc.org

Helpline and outpatient mental health clinic intended to help those who are victims of bullying.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Ages: all

Fees: most insurances, sliding scale

Family Counseling and Guidance Center

p: (978) 774-6820

Danvers, MA

Provides office- and home-based individual and family therapy as well as psychopharmacology for individuals seen by a therapist at this location. Outreach therapy services also available.

Central Square Therapy Associates

150 Market St, Lynn, MA 01902

p: (781) 592-6100

f: (781) 592-1093

www.centralsquaretherapy.com

Ages: all

Fees: vary, primarily insurance-based

Provides outpatient therapy, psychological and neuropsychological evaluations, and forensic consultation and expert witness testimony.

Children's Friend and Family Services, A Division of Justice Resource Institute (JRI)

www.childrensfriend.net

Ages: 3–21 yrs, adults

Fees: vary, primarily insurance

Offers a variety of mental health services and programs geared toward children, youth, and families. Sites listed below provide individual, outreach, in-home, school-based, play, and trauma-focused cognitive behavioral therapy (TF-CBT) as well as therapeutic mentoring, juvenile court clinic services, and youth mentoring for at-risk youth. Also provides parenting support services (pg. 83).

Gloucester Site

Blackburn Center, 3 & 4, Second Fl, Gloucester, MA 01930
p: (978) 283-7198 f: (978) 281-7793

Lynn Site

112 Market St, 2nd Fl, Lynn, MA 01901
p: (781) 592-5691 f: (781) 595-4393

Lynn Community Service Agency (CSA)

112 Market St, 2nd Fl, Lynn, MA 01901
p: (781) 593-7676 f: (781) 595-1081
Serves Lynn, Lynnfield, Nahant, Saugus, Swampscott

Provides Intensive Care Coordination, assisting families in accessing services and coordinating care for children and youth with serious emotional disturbance. Also provides family support and training via trained family partners.

Salem Site

110 Boston St, Salem, MA 01970
p: (978) 744-7905 f: (978) 740-9145

Eliot Community Human Services

p: (781) 861-0890
toll-free: (800) 988-1111 (mobile crisis intervention)
www.eliotchs.org
Ages: vary by program Fees: vary, primarily insurance-based

Provides a wide array of mental health counseling and evaluation services for children, adolescents, adults, families, and elders. In addition, provides Mobile Crisis Intervention 24-hours a day for children, adults, and elders in acute psychiatric distress. Other services include crisis stabilization services, community support services, an adult day treatment program, and substance abuse counseling (pg. 90).

Family Continuity

9 Centennial Dr, Ste 202, Peabody, MA 01960
p: (978) 927-9410 f: (978) 531-1355
www.familycontinuity.org
Ages: 3+ yrs Fees: insurance accepted

Outpatient mental health counseling, in-home therapy, community support program, therapeutic mentoring, and medication provision.

Harborside Counseling

8 Thorndike St, Beverly, MA 01915

p: (978) 922-4888

www.harborsidecounseling.com

Ages: all Fees: many insurances

Offers individual counseling in a wide array of specialties, as well as group therapy, and medication management.

The Home for Little Wanderers

780 American Legion Hwy, Roslindale, MA 02131

p: (888) HOME-321 (888-466-3321)

f: (617) 267-8142 e: intake@thefhome.org

www.thefhome.org

Ages: birth–22 yrs

Serving Eastern Massachusetts families and professionals for over 200 years, we provide a comprehensive continuum of services to help our most at-risk children and young adults succeed in their lives. We serve children and youth from birth to 22, and make a positive impact on over 7,000 lives each year through a wide network of programs. Our “open door” structure allows children, families, and young adults to access services at any point in the continuum of care, based on their needs.

Primary service areas include: individual, group, and family therapy; psychological and neuro-psychological testing; medication management; child and family skills development; therapeutic mentoring; birth parent counseling; life skills training; community connection and integration; behavioral stabilization; educational preparation; and social, vocational, and daily living supports.

The Institute for Health and Recovery (IHR)

349 Broadway, Cambridge, MA 02139

p: (617) 661-3991 f: (617) 661-7277

www.healthrecovery.org

Ages: birth–20 yrs Fees: MBHP and Beacon only

Serves Lynn to Salem

In-home services for children, youth, and their families. Specialty in working with Fetal Alcohol Spectrum Disorders and youth with substance use problems. IHR also offers substance abuse services through the SAFE Project (pg. 91)

Jewish Family & Children’s Service

p: (781) 647-5327 Waltham, MA

See page 22

North Shore Office

p: (978) 741-7878

Danvers, MA

Ages : 3–21 yrs

Fees: MassHealth (MBHP)

Offers in-home therapy and therapeutic mentoring for children with mental health disorders as well as in-home behavioral services for children with autism or mental health disorders.

Lahey Health Behavioral Services

199 Rosewood Dr, Ste 250, Danvers, MA 01923

p: (978) 968-1700

e: info@nebhealth.org

www.nebhealth.org

Offers an array of mental health services at the following offices:

Beverly Outpatient Clinic

800 Cummings Ctr, Ste 266T, Beverly, MA 01915

p: (978) 921-1190

f: (978) 927-3724

Ages: 3+ yrs

Fees: insurance, MassHealth

Offers office-based individual, family, couples, and group counseling, including the same with a focus on substance abuse and/or eating disorders; outreach individual and family counseling; and neuro/psychological testing. This location also hosts a postpartum support group (pg. 84) and substance abuse services (pg. 91).

Community Service Agency (CSA) of Cape Ann & Salem

800 Cummings Ctr, Ste 364U, Beverly, MA 01915

p: (978) 922-0025

f: (978) 922-0098

Ages: up to 21 yrs

Fees: MassHealth only

Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Manchester, Marblehead, Middleton, Peabody, Rockport, Salem, Wenham

Assists families in accessing services and coordinating care for children and youth with serious emotional disturbances.

Emergency Services Mobile Crisis Team

35 Congress St, Building 2, Salem, MA 01970

p: (978) 744-1585

f: (978) 744-1701

toll-free: (866) 523-1216

Ages: all

Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Manchester-by-the-Sea, Marblehead, Middleton, Peabody, Rockport, Ipswich, Salem, Topsfield, Wenham

Provides behavioral health assessments, interventions, and stabilization services for adults, teens, and children

who have a psychiatric emergency. Call for mobile services or walk in for an appointment.

Gloucester Outpatient Clinic

298 Washington St, Gloucester, MA 01930
 p: (978) 283-0296 f: (978) 283-2665
 Ages: 3+ yrs Fees: most insurances,
 including MassHealth

Individual, couples, family, and substance abuse counseling. Medication clinic available to clients referred by their therapist. Outpatient opioid/methadone treatment program also available (pg. 91).

In-Home Therapy and Therapeutic Mentoring

800 Cummings Ctr, Ste 364U, Beverly, MA 01915
 p: (978) 998-3680 f: (978) 922-0098
 Ages: 3+ yrs Fees: MassHealth only

Offers in-home therapy and therapeutic mentoring.

Salem Outpatient Clinic

35 Congress St, Building 2, Salem MA 01970
 p: (978) 745-2440 f: (978) 744-1701
 Ages: 3+ yrs Fees: most insurances,
 including MassHealth

Individual, group, family, and couples therapy; medication prescription/management, and outreach services to schools and the home. Rotating groups include, but are not limited to, such topics as health & wellness, symptom management, stress/anxiety management, depression, anger management, GLBTQ support, parenting support, postpartum depression support (pg. 84), and medication management.

Lahey also offers additional substance abuse services for youth and families at the following offices (pg. 91):

Adolescent Residential Treatment Program

111 Middleton Rd, Danvers, MA 01923
 p: (978) 739-7615 Intake: (617) 661-3391

Danvers Treatment Center and Outpatient Opioid/Methadone Treatment Program

111 Middleton Rd, Danvers, MA 01923
 p: (978) 777-2121 f: (978) 774-4814

H.A.R.T House

365 East St, Tewksbury, MA 01876
 p: (978) 851-0969 f: (978) 851-0998

Team Fourteen

p: (978) 867-7137

f: (978) 922-0098

e: lea.forster@lahey.org

www.teamfourteen.org

Ages: 12–25

Hours: M–F, mornings, afternoons, and evenings

Fees: insurance and grant funded, copays may be charged depending on individual's insurance

Serves Essex County

Team Fourteen provides short-term outreach and office based therapeutic services to adolescents and their families who have concerns around substance use (pg. 91). Individual, family and group therapy are available using the therapeutic approach A-CRA (Adolescent Community Reinforcement Approach).

**The Learning Center for the Deaf
Walden Community Services**

p: (508) 875-9529

See page 22

Serves as the Community Service Agency (CSA) that provides services specially tailored for deaf children, including intensive care coordination, family support and training, and therapeutic mentoring.

Massachusetts Association for Mental Health

50 Federal St, 6th Fl, Boston, MA 02110

p: (617) 742-7452

f: (617) 742-1187

www.mamh.org

Ages: all

Fees: vary

Helps individuals and families access services, offers information and education about mental illnesses and the effectiveness of treatment, and promotes healthy life styles and behavior through programs directed at children and adolescents.

Massachusetts Behavioral Health Partnership (MBHP)

p: (800) 495-0086

See page 49

Through the Integrated Care Management Program (ICMP), offers case management and connection to services in the community for individuals who have complex or multiple health and mental health needs. Services include assistance with transportation and housing issues, getting answers to questions between medical appointments, and developing and implementing care plans.

Massachusetts Department of Mental Health (DMH)

25 Staniford St, Boston, MA 02114

p: (617) 626-8000

TTY: (617) 727-9842

www.mass.gov/dmh

Eligibility restrictions: individuals who suffer significant functional impairment as a result of mental illness/serious emotional disturbance
 Ages: all Fees: none

Provides referrals, providers, and placements for individuals with severe mental health diagnoses.

Northeast Regional Office

PO Box 387
 Tewksbury, MA 01876
 p: (978) 863-5000 f: (978) 863-5091
 TTY (978) 640-1193

Lynn Area Office

330 Lynnway, Ste 201, Lynn, MA 01902
 p: (781) 477-2070 f: (781) 477-2071
 Serves Lynn, Lynnfield, Nahant, Saugus, Swampscott

North Shore Office

35 Congress St, Salem, MA 01970
 p: (978) 741-7300 f: (978) 741-7340
 Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Manchester, Marblehead, Middleton, Peabody, Rockport, Salem, Topsfield, Wenham

Massachusetts MENTOR

p: (781) 407-0470 Dedham, MA
 See page 24

Lawrence Office

p: (978) 794-7966 Lawrence, MA
 Ages: 0–21 yrs Fees: MassHealth only
 Services North Shore

Provides in-home therapy to families.

Peabody Office

p: (978) 531-0818 Peabody, MA

Offers therapeutic mentors.

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC) – A Division of Eliot

439 S. Union St, Ste 116, Lawrence, MA 0183
 p: (978) 682-9222 f: (978) 681-9534
 www.mspcc.org
 Ages: 0–12 yrs Fees: none

The Mental Health Consultation program provides free on-site and telephone behavioral health consultation services to child care programs. Consultation also available to families (pg. 85).

NAMI Cape Ann, Inc.

43 Gloucester Ave, Ste 2A, Gloucester, MA 01931

p: (978) 281-1557 f: (978) 281-1500

e: namicapeann@verizon.net

www.namicapeann.org

Ages: all

Fees: none

As part of the National Alliance on Mental Illness (NAMI), provides community education courses for family members of those afflicted with mental illness, support groups for those in recovery from mental illness, separate support groups for family members, and advocacy for improved delivery of mental health care.

NFI Massachusetts, Inc.

300 Rosewood Dr, Ste. 101, Danvers MA 01923

p: (978) 538-0286 f: (978) 531-0312

www.nfima.org

Ages: 12–17 yrs

Offers a variety of services to at-risk and vulnerable youth. Community-based services available to families in Cape Ann/North Shore through the below office.

Haverhill

76 Winter St, Haverhill, MA 01830

p: (978) 882-1489 (Foundations for Families)

p: (978) 373-1181 (NFI Clinic)

Foundation for Families program offers in-home therapy and therapeutic mentoring. NFI Clinic offers outpatient services and medication management.

Northeast Family Services

p: (774) 628-9657 Danvers, MA

See page 26

In-home behavioral services, in-home therapy, and therapeutic mentoring.

North Shore Counseling Center

900 Cummings Ctr, Ste 324-S, Beverly, MA 01915

p: (978) 922-2280 f: (978) 927-1758

www.nsccl-inc.com

Ages: all

Fees: vary, primarily insurance

Provides outpatient therapy to individuals, couples, and families as well as therapy groups for issues such as anxiety and chronic pain management. Also offers co-parenting program (pg. 85).

North Shore Medical Center

p: (978) 741-1200 Salem, MA

See page 26

MassGeneral Hospital for Children at North Shore Medical Center

p: (978) 745-2100 Salem, MA
 p: (978) 354-2660 (Family Resource Center)
nsmc.partners.org/pediatrics/family_resource_center

Outpatient mental health services and neuropsychological evaluations. Family Resource Center offers information, support groups, and workshops to youth, families and professionals, including on mindfulness and stress management.

Union Hospital

p: (781) 581-9200 Lynn, MA

Behavioral health services for children and adolescents with depression, anxiety, PTSD and other behavioral problems. Also comprehensive care for geriatric clients experiencing acute psychiatric disorders.

Parent/Professional Advocacy League (PPAL)

15 Court Sq, Ste 660, Boston, MA 02108
 p: (866) 815-8122 f: (617) 542-7832
 e: info@ppal.net
www.ppal.net
 Ages: all Fees: none

Statewide organization that advocates for improved access to mental health services for children, youth, and their families. Parent support groups in a number of towns (pg. 86).

Pyramid Builders Associates

93 Euclid Ave, Lynn, MA 01904
 p: (781) 780-3566 f: (617) 221-8470
www.pyramidbuilderscounseling.com
 Ages: all Fees: vary, primarily insurance-based

Provides community-based psychosocial and therapeutic services including individual, couple, family, and group therapy; community support; family stabilization; and in-home therapy.

Riverside Community Care

6 Kimball Ln, Ste 310, Lynnfield, MA 01940
 p: (781) 246-2010 f: (781) 246-1448
www.riversideecc.org
 Ages: 5+ yrs Fees: insurance, primarily MassHealth

Offers in-home therapy, outpatient therapy, behavioral health, and therapeutic mentoring to families in the North Shore region.

School-Based Health Centers

See page 52

Mental health services often available.

South Bay Community Services

www.southbaycommunityservices.com

Ages: all

Fees: vary, accepts most insurance

Provides a continuum of community-based services to children, adults, and families including individual therapy, family therapy, couple therapy, and group therapy. Also provides in-home family therapy.

Lynn Office

181 Union St, Ste J, Lynn, MA 01901

p: (978) 244-1950

Salem Office

35 Congress St, Ste 214, Salem, MA 01970

p: (978) 542-1951 f: (978) 542-1954

St. Ann's Home, Inc.

100A Haverhill St, Methuen, MA 01844

p: (978) 682-5276

www.st.annshome.org

Ages: 5–22 yrs

Fees: insurance-based

In-home therapy for children with mental health needs.

Tri-Town Council

7 Grove St, Unit 202, Topsfield, MA 01983

p: (978) 887-6512

helpline: (978) 771-4619

www.tritowncouncil.org

Serves Topsfield, Boxford, Middleton.

Ages: students

Fees: none

Through its Project Safety Net helpline, offers after-hours counseling, support, and referrals for students experiencing a broad range of urgent problems. Also offers substance abuse services through the Coalition (pg. 94) and youth development through events and educational programming (pg. 100).

Walden Behavioral Care

9 Hope Ave, Ste 500, Waltham, MA 02453

p: (781) 647-6700

www.waldeneatingdisorders.com

Ages: 12+ yrs

Fees: insurance, accepts MassHealth

Provides a full continuum of care including hospital and residential services for eating disorder treatment for males and females. Separate adult and adolescent services.

Peabody Ambulatory Clinic

2 Corporation Way, Ste 260, Peabody, MA 01960
p: (978) 531-2904

Offers partial hospitalization and intensive outpatient programs. Also provides intensive outpatient program for adults only with binge eating disorder.

Parenting Programming

Aspire Developmental Services, Inc.

www.aspiredevelopmental.org

See page 19

Eligibility restrictions: pregnant and postpartum women

Ages: all Fees: none

Serves Lynn and the surrounding communities

Through its Early Intervention Partnerships Program, offers home visits for pregnant women and new mothers. Services include connecting with community resources, breastfeeding support, infant care, and coping with stress.

Lynn Office

p: (781) 593-2727

Salem Office

p: (978) 744-7037

Beverly Hospital

p: (978) 922-3000 Beverly, MA

See page 47

p: (978) 922-3000 ext 2720 (Young Moms program)

Ages: all Fees: none

Through the Connecting Young Moms Healthy Pregnancy Workshop, provides a pre- and post-natal program for teens and young moms that includes early pregnancy workshops, childbirth preparation, and post-natal education and support groups.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Eligibility restrictions: greater Lynn, North Shore, and Cape Ann residents

Ages: vary by program Fees: none

Offers the Young Parent Program, which includes outreach, counseling, and case management services to pregnant and parenting young mothers and fathers 25 yrs old and under. Also provides Father Support Services designed to enhance and develop parenting skills. Bilingual services in Spanish and Khmer available.

Lynn Office

p: (781) 593-2312

Salem Office

p: (978) 740-6923

Centerboard Family Forward Resource Center

16 City Hall Sq, Lynn, MA 01901

p: (339) 883-2401

e: msmith@centerboard.org

www.thecenterboard.org

Ages: all

Fees: none

Hours: M, T, Th 9–6; W 9–7; F 9–4

Offers parenting skills workshops and support groups, grandparents groups, play groups, and family events and activities. Also provides youth outreach and job placement services (pg. 96).

Children’s Friend and Family Services, A Division of Justice Resource Institute (JRI)

See page 72

Gloucester Site

p: (978) 283-7198

Lynn Community Service Agency (CSA)

p: (781) 593-7676

Lynn Site

p: (781) 592-5691

Salem Site

p: (978) 744-7905

Family & Children’s Service of Greater Lynn, Inc.

p: (781) 598- 5517

Lynn, MA

See page 4

www.fcslynn.org/familyresourcecenter.html

Ages: all

Fees: none

Center offering programs for parents of children 0-12 yrs old. Childcare available during programs. Also provides family advocates, support groups for Latina and Cambodian mothers, a

lending library for books and toys, early child parenting groups, story hours, parent-child home programming, and workshops on issues relating to health, safety, and parenting.

**Family TIES of Massachusetts
Federation for Children with Special Needs**

p: (617) 236-7210 Boston, MA
See page 20
 p: (978) 851-7261 ext 4018 (Northeast Family TIES)
 toll-free: (800) 905-TIES
 www.massfamilyties.org

Provides education and support for parents of disabled children. The Family TIES program provides information and referral services, emotional support, and trainings to parents of children and youth with special needs.

Jewish Family & Children's Service

p: (781) 647-5327 Waltham, MA
See page 22
 Ages: all Fees: none

The New Moms program trains and supervises volunteers who make weekly visits to provide support and companionship to pregnant women and mothers of infants up to age 1.

JOI Child Care Center

p: (781) 596-1241 Lynn, MA
See page 15

Provides services to teen parents such as parenting groups, parenting classes, community services, and transportation for teen parents from school to JOI.

Lahey Health Behavioral Services

p: (978) 968-1700 Danvers, MA
See page 75

Postpartum support groups available.

Beverly Outpatient Clinic

p: (978) 921-1190

Salem Outpatient Clinic

p: (978) 745-2440

Lynn Economic Opportunity (LEO) Inc.

p: (781) 581-7220 Lynn, MA
See page 7

Nutrition assistance, social services, health screening, and parent resources.

Lynn Community Connections Coalition

270 Union St, 3rd Fl, Ste 309, Lynn, MA 01902

p: (781) 477-4238

f: (781) 477-2902

e: lccc.officestaff@gmail.com

Ages: all

Fees: none

Organization focused on strengthening family support systems to prevent abuse and neglect. Services include parenting classes, a parent coalition, and a grandparents group.

Lynn Community Health Center

See page 48

Main Site

p: (781) 581-3900

p: (781) 691-7096 (postpartum support)

Postpartum support group available.

Massachusetts Society for the Prevention of Cruelty to Children (MSPCC) – A Division of Eliot

p: (978) 682-9222

Lawrence, MA

See page 78

The Mental Health Consultation program provides free on-site and telephone behavioral health consultation services to families with children struggling behaviorally in child care or after-school settings.

North Shore Community Health, Inc.

www.nschi.org

Salem, MA

See page 50

Salem Family Health Center

p: (978) 744-8388

Bilingual counseling services available for women experiencing postpartum depression.

North Shore Counseling Center

p: (978) 922-2280

Beverly, MA

See page 79

Ages: vary by program

Fees: \$80

Hours: M 6–8:30

Offers Parent Education and Custody Effectiveness (PEACE) program for parents to manage conflicts that arise in co-parenting.

North Shore Community Mediation

p: (978) 232-1212

Beverly, MA

See page 69

Provides parent and family mediation for divorcing parents, parents living apart, and conflict resolution between parents and children.

North Shore Medical Center

p: (978) 741-1200 Salem, MA
 See page 26

MassGeneral for Children at North Shore Medical Center

p: (978) 745-2100 Salem, MA
 p: (978) 354-2660 (Family Resource Center)
nsmc.partners.org/pediatrics/family_resource_center

Family Resource Center offers information, family support groups, and workshops to caregivers, including on mindfulness and stress management.

Salem Hospital

p: (978) 741-1200

Breastfeeding support group and balance after baby group.

Northshore Postpartum Depression Task Force

www.northshorepostpartumhelp.org
 Serves Beverly, Manchester, Hamilton, Wenham, Ipswich, Essex, Gloucester, Rockport

Monthly meetings on Wednesdays. Website offers information and resources.

Parent/Professional Advocacy League (PPAL)

p: (866) 815-8122 Boston, MA
 See page 80

Eligibility restrictions: North Shore parents and caregivers
 Ages: all Fees: none

Support group for parents organized by affiliated organizations. Some meetings include childcare and dinner.

Parents Helping Parents of Massachusetts

108 Water St, Watertown, MA 02472
 p: (617) 926-5008 f: (617) 926-5011
 helpline: (800) 632-8188
www.parentshelpingparents.org

Free, confidential parent support groups in Salem and Gloucester. Confidential helpline provides support for Massachusetts parents with children 18 and under.

Pathways for Children

p: (978) 281-2400 Gloucester, MA
 See page 8
 Ages: vary by program Fees: none

The Family Enrichment Program offers a weekly drop-in support group for parents, the Nurturing Program, and volunteer mentors for parents and children. The Coordinated Family and Community Engagement (CFCE) program provides family-focused activities and services that support parents as their child's first teacher.

Special Needs Advocacy Network (SPAN)

p: (508) 655-7999 North Attleboro, MA
 See page 27

Educates parents of children with disabilities about advocacy services and acts as a resource for advocacy services.

Training Resources of America, Inc.

p: (978) 744-2417 Salem, MA
 See page 35
 Ages: 14–24 yrs Fees: none

Offers a young parents program for out-of-school parents that includes parenting skill instruction and HiSET (GED) preparation.

Reproductive Health Services

AIDS Action Committee Hotline

p: (877) 627-3933 (toll-free sexual health helpline)
 p: (877) 232-4636 (toll-free HIV/AIDS and Hepatitis C hotline)
 www.aac.org
 www.mariatalks.com

Young adult helpline and website for information about sexuality, STDs, birth control, emergency contraception, and parenting.

Boston Children's Hospital

333 Longwood Ave, 5th Fl, Boston, MA 02115
 p: (617) 335-2735 f: (617) 730-0195
 www.childrenshospital.org
 Ages: 13+ yrs Fees: none or insurance-based

Through its Boston HAPPENS program, offers free HIV and STI counseling, testing, medical, and referral services to youth and young adults.

Girls Inc. of Lynn

p: (781) 592-9744
 See page 5
 Ages: 11–18 yrs Fees: none

Offers Mi Vida, Mi Viaje, a case management teen pregnancy prevention program for high-risk girls, and sexuality education programming in the Lynn Public Schools.

Health Quarters

100 Cummings Ctr, Ste 131Q, Beverly, MA 01915

p: (978) 705-4039

www.healthq.org

Ages: 14+ yrs

Fees: vary by ability to pay, sliding scale

Hours: M 8:30–4:30, T 11–7, Th 8:30–4:30

Confidential reproductive health service for women, men, and teens that provides services regardless of ability to pay. Services include gynecological and testicular exams, birth control and emergency contraception, abortions, cervical and breast cancer screening, STD/HIV testing and treatment, and pregnancy testing and counseling.

Massachusetts Healthy Start

p: (800) 841-2900 (applications)

p: (888) 488-9161 (customer service)

See page 50

Free insurance program for pregnant, uninsured, low-income women. Insurance covers prenatal care, two months of postpartum care, counseling, and referrals.

North Shore Community Health, Inc.

www.nschl.org

Salem, MA

See page 50

Provides pregnancy tests and family planning. Portuguese and Spanish-speaking translators available.

Gloucester Family Health Center

p: (978) 282-8899

Peabody Family Health Center

p: (978) 532-4903

Salem Family Health Center

p: (978) 744-8388

North Shore Health Project

p: (978) 283-0101

Gloucester, MA

See page 51

Provides holistic health care, support services such as case management and housing assistance, information, and outreach in a confidential environment for people living with HIV, AIDS and Hepatitis C.

North Shore Medical Center

p: (978) 741-1200

Salem, MA

See page 26

Salem Hospital

p: (978) 741-1200

Offers medical care in OB/GYN and reproductive medicine.

North Shore Women's Center

480 Lynnfield St, Lynn, MA 01904

p: (781) 595-4800 f: (781) 595-3843

www.northshorewomenscenter.com

Ages: vary by program Fees: vary

Women's health care facility specializing in reproductive services such as abortion, prenatal care, pregnancy tests, family planning, and sterilization.

Planned Parenthood League of Massachusetts

1055 Commonwealth Ave, Boston, MA 02215

P: (800) 258-4448 f: (617) 616-1617

www.plannedparenthood.org/planned-parenthood-massachusetts

Ages: all Fees: insurance, sliding scale

Provides confidential sexual health services including abortion services, birth control and emergency contraception, HIV and STI testing, pregnancy testing and services, parenting services, HPV vaccinations, and breast and cervical cancer screenings.

Substance Abuse Services

Alcoholics Anonymous Central Service Committee of Eastern Mass

12 Channel St, Ste 604, Raymond L. Flynn Marine Industrial Park, Boston, MA 02210

p: (617) 426-9444

www.aaboston.org

Ages: all Fees: none

Hours: M-F 9-9, Sa-Su 12-9

Support group with a religious core for recovering alcoholics.

BayRidge Hospital

p: (781) 599-9200 Lynn, MA

See page 72

In-patient, partial hospitalization, and outpatient substance abuse services.

The CASTLE (Clean and Sober Teens Living Empowered)

20 Meadowbrook Rd, Brockton, MA 02301
p: (508) 638-6000 f: (508) 638-6050
www.castlekids.org

Short term addiction treatment program for adolescents as well as detox and outpatient treatment services.

Citizens Inn Transition

p: (978) 531-9775 Peabody, MA 01960
See page 55

Six-month sober-living transitional housing program that allows homeless families to remain together while a parent is in recovery from alcohol or other substance abuse.

DanversCARES

64 Cabot Rd, Danvers, MA 01923
p: (978) 777-8932
www.danverscares.org

Through its coalition, provides information about and referrals to substance abuse services such as treatment, prevention, and community services. Also offers youth leadership, community service, and volunteer opportunities (pg. 97).

Eliot Community Human Services

p: (781) 861-0890
See page 73

Provides individual and group therapy and medication management for individuals with mental health and addiction issues.

Lynn Comprehensive Treatment Center

11 Circle Ave, Lynn, MA 01905
p: (844) 912-2248
www.bostonctc.com/location/lynn
Ages: 18+ yrs Fees: vary, all insurance accepted
Hours: Dosing: M-F 5:50-11; Sa,Su 6-10:30
Counseling: M,Th 6-8; Tu,W,F 6-3

Organization working to combat opioid addiction through a combination of Methadone, Suboxone, or Subutex treatment and individual and group counseling.

Health Law Advocates

p: (888) 211-6168 Boston, MA
See page 47

Provides legal assistance to those experiencing difficulty accessing or paying for needed substance use disorder services.

Healthy Gloucester Collaborative

302 Washington St, Gloucester, MA 01930

p: (978) 281-0908

www.healthygloucester.org

Ages: all

Hours: M–F 9–5

Leads a substance abuse prevention partnership that includes Gloucester, Rockport, Manchester, Essex, Ipswich, Beverly, and Danvers. Connects individuals, families, and providers to community resources, hosts educational events and workshops, and assists in the distribution of accurate information.

Healthy Streets Outreach Program

100 Willow St, 2nd Fl, Lynn, MA 01901

p: (339) 440-5633

www.healthinnovationsinc.com/services/healthy-streets

Ages: Testing: 15+ yrs

Naloxone: 18+ yrs

Hours: M–F 9:30–5:30

Provides safe injection supplies; condoms; syringe disposal; Naloxone distribution; and HIV, STD, and Hepatitis C testing for active injection drug users.

The Institute for Health and Recovery (IHR)

p: (617) 661-3991

Cambridge, MA

See page 74

Ages: 13–24 yrs

Fees: insurance-based

Serves North Shore

The Safe Project helps young people and families who, as a result of alcohol or other drug use, are experiencing legal, medical, education, or personal problems. Services can be provided at home, school, or in the community.

Lahey Health Behavioral Services

p: (978) 968-1700

Danvers, MA

See page 75

Offers substance abuse services for youth and families at the following locations:

Beverly Outpatient Clinic

p: (978) 739-7689

p: (978) 777-2121 ext 3

Ages: 18+ yrs

Fees: insurance-based

Through its Intensive Outpatient Program (IOP) and Vivitrol Program, offers a comprehensive treatment program to prevent relapse of opiate and alcohol dependence. Includes a once-monthly medication and psychosocial

support group and group and individual counseling. Services administered by health care professionals, in collaboration with addiction and mental health counselors.

Danvers Treatment Center and Outpatient Opioid/Methadone Treatment Program

p: (978) 777-2121 Danvers, MA
 Ages: 18+ yrs Fees: insurance, self-pay

For opioid-dependent clients, offers long-term maintenance program which includes group and individual therapy. Also provides acute treatment settings that provide short-term and long-term detoxification from drugs and alcohol in a medical setting.

Gloucester Outpatient Clinic

p: (978) 283-0296

For opioid-dependent clients, short-term and long-term detoxification or long-term maintenance program. Includes group and individual therapy.

H.A.R.T House

p: (978) 851-0969 Tewksbury, MA
 Eligibility restrictions: women and children only

Residential treatment for women and their children, including individual, family, and group therapy; relapse prevention; parenting education; and access/referral to community resources.

Team Fourteen

p: (978) 867-7137 Beverly, MA
 Ages: 12–21 yrs Fees: none

The Substance Use Navigation (SUN) project provides information for parents/caretakers regarding a child’s drinking/drug use, brief counseling, consultation, and help navigating local substance abuse services. Team Fourteen uses evidence-based treatment (A-CRA) to provide short-term outreach counseling to adolescents with historic or current substance abuse. Treatment is delivered through community engagement and individual and family meetings.

Learn to Cope

4 Court St, Ste 110, Taunton, MA 02780
 p: (508) 738-5148
www.learn2cope.org
 Hours: M–F 9–4:30

Statewide support organization that offers education, resources, peer support, and hope for parents and family members of individuals addicted to opioids or other drugs. Local chapters in Salem and Gloucester.

Lynn Community Health Center

www.lchcnet.org

See page 48

280 Union Street

p: (781) 780-4984

p: (781) 780-4555 (STAR program)

Ages: 18+ yrs

Through a Suboxone Treatment & Recovery (STAR) program, offers medical and behavioral assistance to individuals with chronic substance abuse treatment needs, with a focus on opiate addiction.

Massachusetts Al-Anon and Alateen

57 East Main St, Ste 109, Westborough, MA 01581

p: (508) 366-0556

www.ma-al-anon-alateen.org

Hours: M–F 9–4

Offers support groups to anyone who deals with the effects of a loved one’s substance abuse. Meetings occur all over the state.

Massachusetts Department of Public Health (DPH)

p: (617) 624-6000

Boston, MA

See page 49

Bureau of Substance Addiction Services (BSAS)

p: (617) 624-5111

Boston, MA

Coordinates a variety of programs for teens and young adults experiencing difficulties with substance abuse, including outpatient counseling, detoxification and stabilization, residential placements, and recovery homes.

Motivating Youth Recovery

26 Queen St, Worcester, MA 01610

p: (508) 860-1244

f: (508) 860-1245

www.communityhealthlink.org

Ages: 13–16 yrs

Fees: health insurance, self-pay

Specialized adolescent substance abuse treatment program offering detox; medical care; comprehensive assessment, diagnosis, and treatment planning; individual, group, and family therapy; and aftercare coordination.

New England Region of Narcotics Anonymous (NERNA)

p: (866) 624-3578

e: info@newenglandna.org

www.newenglandna.org

Support group for those recovering from drug addiction.

North Shore Community Health, Inc.

www.nschl.org Salem, MA

See page 50

Provides substance abuse treatment including office-based opiate treatment.

Gloucester Family Health Center

p: (978) 282-8899

Peabody Family Health Center

p: (978) 532-4903

Salem Family Health Center

p: (978) 744-8388

Northshore Recovery High School

112 Sohler Rd, Beverly, MA 01915

p: (978) 922-3305 f: (978) 922-0078

www.nsedu.org/schools/northshore-recovery-high-school

Ages: 14–21 yrs

For students with substance abuse issues. Provides students with both academic and recovery needs.

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

p: (800) 662-HELP (4357)

www.samhsa.gov

Confidential, free, 24/7 helpline available in Spanish and English. Provides referrals to local treatment facilities, support groups, and community-based organizations for mental and/or substance use disorders, prevention, and recovery. Callers can also order free publications and other information. Also known as the Treatment Referral Routing Service.

Tri-Town Council

p: (978) 887-6512 Topsfield, MA

helpline: (978) 771-4619

See page 81

Ages: all Fees: none

The Coalition offers drug and alcohol-related resources and prevention and, through its Project Safety Net helpline, referrals and after-hours counseling support to students.

Youth Outreach and Job Training Programs

Aaron's Presents

180 Main St, Andover, MA 01810

p: (978) 809-5487

e: hello@aaronspresents.org

www.aaronspresents.org

Ages: grade 8 or younger Fees: none

Eligibility Restrictions: Lives in the Merrimack Valley or North Shore

Provides young children the resources and mentoring needed to carry out their own ideas that will have a positive impact on others.

Action, Inc.

p: (978) 282-1000

Gloucester, MA

See page 31

Ages: 16–24 yrs

Fees: none

Offers an education, training, and employment program. Helps young people realize educational goals, develop skills for the workplace, and discover their career interests. Also offers ongoing job trainings in the Education Center, including Home Health Aide Training and Nurse Assistant Training.

American Training

p: (978) 685-2151

Andover, MA

See page 18

Offers vocational services through day and residential programming for individuals with developmental disabilities or mental health challenges.

Beverly Bootstraps

p: (978) 927-1561

See page 2

Offers mentoring and support services to those needing College Career readiness support, an on-site free book library, Hiset test Prep.

Big Brothers Big Sisters of Massachusetts Bay

Greater Boston Office

75 Federal St, 8th Fl, Boston, MA 02110

p: (617) 542-9090

f: (617) 542-8855

www.bbbsmb.org

Ages: 7–12 yrs

Fees: none

Serves North Shore, Cape Cod, and Martha's Vineyard

One-on-one mentoring of young people by an adult in the community. Meetings can take place at school or in the community.

Big Sister Association of Greater Boston

20 Park Plaza, Ste 1420, Boston, MA 02116

p: (617) 236-8060 f: (617) 236-8075

www.bigsister.org e: bigsister@bigsister.org

Eligibility restrictions: female only

Ages: 7–15 yrs Fees: none

Serves the 69 cities and towns of Greater Boston

One-on-one mentoring of girls by adult women in the community.

Building Bridges Through Music, Inc.

p: (781) 479-8327 Lynn, MA

See page 3

Programs offering workforce development and skills in creative, expressive, and performing arts, including the Project No Limits program and Music and Technology program. Also provides opportunities for youth to work on conflict resolution and the promotion of non-violence.

Cape Ann Art Haven

p: (978) 283-3888 Gloucester, MA

See page 4

Art classes and programming as well as mentoring, support, and employment opportunities for local teens.

Catholic Charities North

www.ccab.org/?q=location-north-boston

See page 13

Lynn Office

p: (781) 593-2312

Ages: 18+

Fees: none

OfficeWorks program offers job training, computer skills development, and career services for individuals who are recipients of TAFDC. Will provide English for Employment classes for individuals that need to improve their English skills to enter employment. Several other programs including YouthWorks, Young Parent HiSET program, and TeenStart, offer HiSET (GED) preparation and employment/career preparation for out-of-school youth as young as 16 yrs.

Centerboard Family Forward Resource Center

p: (339) 883-2424 Lynn, MA

See page 83

Offers self-help and support groups on a variety of topics including life skills and job search; art, cultural, educational, and sports events; and help accessing other services.

DanversCARES

p: (978) 777-8932

See page 90

Eligibility restrictions: students in Danvers public schools

Ages: grades 6–12 Fees: none

Offers a once-a-week high school and middle school youth leadership group and periodic community service opportunities.

The Food Project

p: (781) 346-6726

Lynn, MA

See page 5

Engages young people and encourages leadership through sustainable agriculture experience on local farmland. Provides summer employment opportunities.

Girls Inc. of Lynn

p: (781) 592-9744

See page 5

p: (781) 592-9744 ext 214

Ages: grades 9–12 Fees: none

Offers several peer leadership programs including Part of the Solution (drug and alcohol prevention group), Beach Sisters (environmental science), and the Teen Health Ambassadors. Peer leaders conduct workshops in the community. Also hosts Career Path, a job readiness program, and the Learning Center which offers career exploration and college prep mentoring.

The Haven Project

p: (781) 913-5738

Lynn, MA

See page 56

Provides assistance with life skills, job search, and health and medical referrals to young adults who are homeless or at risk of becoming homeless.

Job Corps

P: (800) 733-JOBS (5627)

www.recruiting.jobcorps.gov

Eligibility restrictions: U.S. citizen or legal resident, low-income

Ages: 16–24 yrs Fees: none

Free career technical training and education program offered by the federal government. Residential program provides hands on training, job placement, and ongoing support after graduation.

Lynn Youth Street Outreach Advocacy, Inc. (LYSOA)

p: (781) 342-0580 Lynn, MA

See page 64

Provides services to at-risk and court-involved youth, young adults, and their families in the Lynn community. Services include outreach activities, case management with weekly visits and phone check-ins, mediation services, community service, help with job seeking and educational needs, and family development.

Massachusetts Rehabilitation Commission (MRC)

p: (617) 204-3600 Boston, MA

voice/TDD: (800) 245-6543

See page 25

Offers Job Club for those looking for work and the Career Decision Making Workshop. Provides resume preparation, job seeking skills training, interview skills training, job leads, diagnostic evaluations, interest and aptitude testing, college or vocational training, job placement assistance, counseling and guidance, supported work, skills training, job coaches and tutors, injured worker's program, assistive and/or rehabilitation technology, and consultation to employers.

Malden Area Office

p: (781) 324-7160 Malden, MA

Salem Area Office

p: (978) 745-8085 Salem, MA

My Life My Choice at JRI

989 Commonwealth Ave, Boston, MA 02125

p: (617) 779-2179 f: (617) 779-2172

e: mlmcinfo@jri.org

www.fightingexploitation.org

Ages: 12–18

Hours: 9–5

Eligibility Restrictions: commercially sexually exploited youth and youth at very high risk of commercial sexual exploitation

Serves the Greater Boston Area

A survivor-led program that works to stem the tide of commercial sexual exploitation through prevention, victim identification, intervention services, and public awareness. The central goals of our work are to:

- Support survivors in rebuilding their lives, finding their voice, and becoming leaders.
- Empower youth to protect themselves from the commercial sex industry and its predators.
- Educate and mobilize a powerful network of allies to prevent exploitation

North Shore Career Center

www.nscareers.org

See page 33

One-stop career center that helps meet the employment needs of youth and businesses including providing job placement services and help with filing for unemployment.

Gloucester Center

p: (978) 283-4772

Lynn Center

North Shore Community College

p: (781) 691-7450

LHAND- Family Success Center

p: (339) 883-2342 Lynn, MA

Salem Center

p: (978) 825-7200

North Shore Community Development Coalition

p: (978) 745-8071 Salem, MA

See page 34

p: (978) 219-5384 (Family Resource Center)

Ages: all Fees: none

The Family Resource Center offers career counseling and workshops on topics such as money management, work readiness, and setting and achieving life goals. North Shore CDC also runs Everyone's Salem, a city-wide initiative to make Salem better for everyone.

YouthBuild North Shore

p: (978) 219-5362 Salem, MA

Provides leadership and job skills training by teaching youth through the building of affordable housing in the community. Also assists with HiSET (GED) preparation or the achievement of a high school diploma.

RAW Art Works

p: (781) 593-5515 Lynn, MA

See page 8

As part of its art programs, RAW offers college application mentorship, youth employment, and connections to financial aid and healthcare.

Roca

p: (781) 780-9611 Lynn, MA

See page 64

Offers a range of interventions, especially outreach, to the highest risk youth (e.g., street-, court- and gang-involved, drop-outs, teen parents) in an effort to provide them the opportunity to lead safe, productive lives.

Root

Shetland Park, 35 Congress St, Ste 2350, 3rd Fl., Salem, MA 01970
p: (978) 616-7615
www.rootns.org
Ages: 16–24 yrs
Hours: M–F 1–5

Root’s vision is to prepare youth to enter the workforce with confidence, self-agency, and a competitive edge. To do this, Root combines 200 hours of culinary and food service training, workforce preparedness, on-the-job experiences, life skills workshops and social capital, into an intensive 12-week program.

Salvation Army of Lynn

p: (781) 598-0673
See page 9
Ages: 12–17 yrs

Hosts a Bridging the Gap program, a free 12-week prevention/intervention program with a religious base for at-risk youth.

Salvation Army of North Shore

p: (978) 744-5181 Salem, MA
See page 43
Ages: 12–17 yrs Fees: none
Hours: Tu,Th 4:30–6:30

“Bridging the Gap” program serves at-risk or high-risk youth by providing the support, resources, and skills necessary to keep their lives on track.

Straight Ahead Ministries

p: (781) 592-6070 Lynn, MA
See page 65

Provides reentry programming for incarcerated and gang affiliated youth.

Tri-Town Council

p: (978) 887-6512 Topsfield, MA
See page 81

Provides youth development through events and educational programming.

YMCA – Lynn

p: (781) 581-3105

See page 12

p: (781) 581-3105 ext 239 (Kaya program)

Ages: 13–18 yrs

Through its Kaya program, provides youth outreach and development program that encourages teens to spark change through workshops, peer-led events, and creative programming.

Youth Villages

400 West Cummings Park, Ste 5200, Woburn, MA 01801

p: (781) 937-7900

f: (781) 937-7901

www.youthvillages.org

Ages: 17–22 yrs

Fees: none

Through its LifeSet program, offers home- and community-based support for vulnerable youth, particularly former foster youth, to help them transition into adulthood successfully. Areas of focus include stable housing, employment, educational goals, independent living skills, and stable relationships.

School Listings

Public Schools

Beverly Public Schools

70 Balch St, Beverly, MA 01915

p: (978) 921-6100

f: (978) 922-6597

www.beverlyschools.org

New students enroll at appropriate school. See website.

Special Education

p: (978) 921-6100

Hannah Elementary

p: (978) 921-6126

McKeown Preschool

p: (978) 921-6100

North Beverly Elementary

p: (978) 921-6130

Ayers Ryal Side Elementary

p: (978) 921-6116

Briscoe Middle

p: (978) 921-6103

Centerville Elementary

p: (978) 921-6120

Beverly High

p: (978) 921-6132

Cove Elementary

p: (978) 921-6121

Danvers Public Schools

64 Cabot Rd, Danvers, MA 01923

p: (978) 777- 4539

f: (978) 777-8931

www.danverspublicschools.org

New students enroll at appropriate school. See website.

Student Services (including Special Education)

p: (978) 774-6112

Great Oak Elementary

p: (978) 774-2533

Willis E. Thorpe Elementary

p: (978) 774-6946

Highlands Elementary

p: (978) 774-5011

Holten Richmond Middle

p: (978) 774-8590

Riverside Elementary

p: (978) 774-5010

Danvers High

p: (978) 777-8925

Ivan G. Smith Elementary

p: (978) 774-1350

Essex Schools

See *Manchester Essex Regional School District* (pg. 106).

Gloucester Public Schools

2 Blackburn Dr, Gloucester, MA 01930
 p: (978) 281-9800 f: (978) 281-9899
www.gloucesterschools.com
 New students enroll at this office.

Special Education/Special Services

p: (978) 281-9804

Gloucester Preschool

p: (978) 281-9840

Beeman Memorial Elementary

p: (978) 281-9825

East Gloucester Elementary

p: (978) 281-9830

Plum Cove Elementary

p: (978) 282-3030

Veterans Memorial Elementary

p: (978) 281-9820

West Parish Elementary

p: (978) 281-9835

O'Maley Innovation Middle

p: (978) 281-9850

Gloucester High

p: (978) 281-9870

Hamilton-Wenham Regional School District

5 School St, Wenham, MA 01984
 p: (978) 468-5310 f: (978) 468-7889
www.hwschools.net
 New students enroll at this office.

Special Education/Special Services

p: (978) 468-5303

Buker Elementary

p: (978) 468-5324

Cutler Elementary

p: (978) 468-5330

Winthrop Elementary

p: (978) 468-5340

Miles River Middle

p: (978) 468-0362

Hamilton-Wenham Regional High

p: (978) 468-0400

Lynn Public Schools

100 Bennett St, Lynn, MA 01905
 p: (781) 593-1680
www.lynnschools.org

Parent Information Center (PIC)

p: (781) 592-8796 f: (781) 598-3160
 New students enroll at this office.

Special Education

p: (781) 477-7220 ext. 3328 f: (781) 477-7191

Early Childhood Information Center

p: (781) 477-3301

Washington S.T.E.M. Innovation (Pre–K, 4–6)

p: (339) 883-1414

Aborn Elementary

p: (781) 477-7320

Brickett Elementary

p: (781) 477-7333

Callahan Elementary

p: (781) 477-7340

Cobbett Elementary

p: (781) 477-7341

Connery Elementary

p: (781) 477-7344

Drewicz Elementary

p: (781) 477-7350

Fallon Elementary

p: (781) 477-7470

Ford Elementary

p: (781) 477-7375

Harrington Elementary

p: (781) 477-7380

Hood Elementary

p: (781) 477-7390

Ingalls Elementary

p: (781) 477-7400

Lincoln-Thomson Elementary

p: (781) 477-7460

Lynn Woods Elementary

p: (781) 477-7433

Sewell-Anderson Elementary

p: (781) 477-7444

Shoemaker Elementary

p: (781) 477-7450

Sisson Elementary

p: (781) 477-7455

Tracy Elementary

p: (781) 477-7466

Breed Middle

p: (781) 477-7330

Pickering Middle

p: (781) 477-7440

Thurgood Marshall Middle

p: (781) 477-7360

Fecteau Leary Jr/Sr High School (grades 7–12)

p: (781) 268-3007

Classical High

p: (781) 477-7404

English High

p: (781) 477-7366

Lynn Vocational Technical Institute (PreK–K, 9–12)

p: (781) 477-7431

Lynnfield Public Schools

525 Salem St, Lynnfield, MA 01940

p: (781) 334-9200

www.lynnfield.k12.ma.us

New students enroll at this office.

Special Education/Special Services

p: (781) 581-5140

Lynnfield Preschool

p: (781) 581-5140

Huckleberry Hill Elementary

p: (781) 334-5835

Summer Street Elementary

p: (781) 334-5830

Lynnfield Middle

p: (781) 334-5810

Lynnfield High

p: (781) 334-5820

Manchester Essex Regional School District

P.O. Box 1407, Manchester, MA 01944
 p: (978) 526-4919 f: (978) 526-7585
www.mersd.org
 New students enroll at this office.

Special Education/Special Services

p: (978) 525-6060

Essex Elementary

p: (978) 768-7324

Memorial Elementary

p: (978) 526-1908

Manchester Essex Regional High

p: (978) 526-4412

Manchester Essex Regional Middle

p: (978) 526-2022

Marblehead Public Schools

9 Widger Rd, Marblehead, MA 01945
 p: (781) 639-3140 f: (781) 639-3149
marbleheadschoools.org
 New students enroll at this office.

Special Education/Student Services

p: (781) 639-3140 ext 4

Elbridge Gerry School (K–1)

p: (781) 639-3185

L.H. Coffin School (2–3)

p: (781) 639-3180

Glover School (PreK–3)

p: (781) 639-3190

Bell School (PreK–3)

p: (781) 639-3170

Village School (6–8)

p: (781) 639-3159

Veterans Middle (8–10)

p: (781) 639-3120

Marblehead High (10–12)

p: (781) 639-3100

Masconomet Regional School District

20 Endicott Rd, Boxford, MA 01921
 p: (978) 887-2323 f: (978) 887-3573
masconomet.org

A separate school district with a middle school and high school that serve students who reside in Boxford, Topsfield, and Middleton. New students enroll at appropriate school.

Special Education

p: (978) 887-2323 ext 6114

Masconomet Regional Middle School (7–8)

p: (978) 887-2323

Proctor Elementary

p: (978) 887-1530

Masconomet Regional High School (9–12)

p: (978) 887-2323

Steward Elementary

p: (978) 887-1538

Middleton Public Schools**Administration**

28 Middleton Rd, Boxford, MA 01921

p: (978) 887-0771

www.tritownsunion.com

Elementary schools are part of the Tri-City Union with Boxford and Topsfield. New students enroll at appropriate school.

*For middle school and high school see Masconomet Regional School District (pg. 106).***Special Education**

p: (978) 887-4119

Howe Manning Elementary School (PreK, 3–6)

p: (978) 739-2800

Fuller Meadow School (K–2)

p: (978) 750-4756

Nahant Public Schools

290 Castle Rd, Nahant, MA 01908

p: (781) 581-1600

f: (781) 581-0440

www.johnsonschool.org**Johnson Elementary**

p: (781) 581-1600

*For Nahant Middle and High School see Swampscott Middle and High Schools (pg. 109).***Peabody Public Schools**

27 Lowell St, Peabody, MA 01960

p: (978) 531-1600

www.peabody.k12.ma.us

New students enroll at this office.

Special Education

p: (978) 536-6060

Brown Elementary

p: (978) 536-4100

Center Elementary

p: (978) 536-5475

Burke Elementary

p: (978) 536-5400

McCarthy Elementary

p: (978) 536-5625

Carroll Elementary

p: (978) 536-4200

South Memorial Elementary

p: (978) 536-5700

Welch Elementary

p: (978) 536-5775

West Memorial Elementary

p: (978) 536-5850

Higgins Middle

p: (978) 536-4800

Veterans Memorial High

p: (978) 536-4500

Rockport Public Schools

24 Jerden's Lane, Rockport, MA 01966

p: (978) 546-1200 f: (978) 546-1205

www.rpk12.org

New students enroll at appropriate school.

Special Education/Special Services

p: (978) 546-1210

Sandy Bay Preschool

p: (978) 546-6366

Rockport Middle

p: (978) 546-1250

Rockport Elementary

p: (978) 546-1220

Rockport High

p: (978) 546-1234

Salem Public Schools

29 Highland Ave., Salem, MA 01970

p: (978) 740-1212 f: (978) 740-3083

www.salemk12.org

Parent Information Center (PIC)

p: (978) 740-1281 f: (978) 740-1176

Bilingual: (978) 740-1225

New students enroll at this office.

Pupil Personnel Services/Special Education

p: (978) 740-1249 or (978) 740-1247

f: (978) 740-1137

Salem Early Childhood Center

Located at Bentley Elementary

p: (978) 740-1221

Witchcraft Heights**Elementary**

p: (978) 740-1271

Bates Elementary

p: (978) 740-1250

Nathaniel Bowditch (K-8)

p: (978) 740-1290

Carlton Elementary

p: (978) 740-1280

Collins Middle School

p: (978) 740-1191

**Horace Mann Laboratory
Elementary**

p: (978) 542-6220

Salem High School

p: (978) 740-1123

Saltonstall (K-8)

p: (978) 740-1297

Salem Prep High School

p: (978) 740-1171

Saugus Public Schools

23 Main St, Saugus, MA 01906
p: (781) 231-5000
www.saugus.k12.ma.us
New students enroll at this office.

Special Education

p: (781) 231-5000 ext 105

Lynnhurst Elementary

p: (781) 231-5079

Oaklandvale Elementary

p: (781) 231-5082

Veterans Memorial Elementary

p: (781) 231-8166

Douglas Waybright Elementary School

p: (781) 231-5087

Belmonte Saugus Middle

p: (781) 231-5052

Saugus High

p: (781) 231-5027

Swampscott Public Schools

207 Forest Ave, Swampscott, MA 01907
p: (781) 596-8800 f: (781) 599-2502
www.swampscottps.org
New students enroll at this office.

Student Support Services/Special Education

p: (781) 596-8800 ext 383

Clarke Elementary

p: (781) 596-8812

Hadley Elementary

p: (781) 596-8847

Stanley Elementary

p: (781) 596-8837

Swampscott Middle

p: (781) 596-8820

Swampscott High

p: (781) 596-8830

Wenham Schools

See Hamilton-Wenham Regional School District (pg. 104).

Regional Vocational Schools

Essex Technical High School

P.O. Box 346, Hathorne, MA 01937

p: (978) 762-0001 f: (978) 777-8403

www.essextech.net

Serves Beverly, Boxford, Danvers, Essex, Gloucester, Hamilton, Lynnfield, Manchester-by-the-Sea, Marblehead, Middleton, Nahant, Peabody, Rockport, Salem, Swampscott, Topsfield, Wenham

Lynn Vocational Technical Institute

80 Neptune Blvd, Lynn, MA 01902

p: (781) 477-7431 f: (781) 477-7415

www.lynnschools.org/lvti

Serves Lynn

Northeast Metropolitan Regional Vocational High School

100 Hemlock St, Wakefield, MA 01880

p: (781) 246-0810 f: (781) 246-4919

e: information@northeastmetrotech.com

www.northeastmetrotech.com

Serves Chelsea, Malden, Melrose, North Reading, Reading, Revere, Saugus, Stoneham, Wakefield, Winchester, Winthrop, and Woburn

Topsfield Vocational Academy

248 Boston St, Topsfield, MA 01983

p: (978) 887-8881 f: (978) 887-2745

Charter Schools

Bentley Elementary (K-5)

25 Memorial Dr, Salem, MA 01970

p: (978) 740-1260

www.bentleyacademy.org

Excel Academy Chelsea (5–8)

180 2nd St, Chelsea, MA 02150

p: (617) 336-9970

www.excelacademy.org

Serves East Boston, Chelsea, surrounding towns

KIPP Academy Lynn Elementary (KALE) Charter School (K–12)

20 Wheeler St, Lynn, MA 01902

p: (781) 558-9263

www.kippma.org

KIPP Academy Lynn (KAL) Charter School (5–8)

90 High Rock St, Lynn, MA 01902

p: (781) 598-1609

www.kippma.org

KIPP Academy Lynn Collegiate (KALC) Charter School (9–12)

90 High Rock St, Lynn, MA 01902

p: (781) 598-1609

www.kippma.org

Marblehead Community Charter Public School (4–8)

17 Lime St, Marblehead, MA 01945

p: (781) 631-0777

f: (781) 631-0500

www.marbleheadcharter.org

New Liberty Charter School (9–12)

2 East India Sq, Ste 200, Salem, MA 01907

p: (978) 825-3470

Phoenix Charter Academy (9–12)

47 Clark Ave, Chelsea, MA 02150

p: (617) 889-3100

www.phoenixcharteracademy.org

Pioneer Charter School of Science (7–12)

51-59 Summer St, Everett, MA 02149

p: (617) 389-7277

www.pioneercss.org

Students from any town eligible.

Salem Academy Charter School (6–12)

45 Congress St, Salem, MA 01970

p: (978) 744-2105

f: (978) 744-7246

www.salemacademycs.org

Alternative charter school serving Salem residents.

Special Education/Private Schools

To find all special education and private schools in your area, go to www.profiles.doe.mass.edu

Head Start Programs

Head Start programs provide comprehensive early childhood education, health, nutrition, and parent involvement services to low-income children and their families.

Lynn Economic Opportunity (LEO) Inc. Head Start

156 Broad St, Lynn, MA 01901

p: (781) 581- 7220 f: (781) 581- 5320

www.leoinc.org

Serves Lynn, Lynnfield, Marblehead, Nahant, Saugus, Swampscott

Pathways for Children Head Start - Beverly

292 Cabot St, Beverly, MA 01915

p: (978) 236-4101

Serves Beverly, Danvers, Hamilton, Middleton, Peabody, Salem, Wenham

Pathways for Children Head Start - Gloucester

29 Emerson Ave, Gloucester, MA 01930

p: (978) 281-2400 ext 280

Serves Essex, Ipswich, Gloucester, Manchester-by-the-Sea, Rockport

Government Agencies

County/State/Federal Resources

Child Support Enforcement Division

Division of the Massachusetts Department of Revenue
Customer Service Bureau
PO Box 7057, Boston, MA 02204
p: (800) 332-2733
www.mass.gov/cse

Eligibility restrictions: any parent or guardian of a child under 18
Hours: M–F 8:30–4:30

Assists parents in establishing paternity and child support orders, collecting child support, and asking courts to adjust child support orders when circumstances change.

Committee for Public Counsel Services (CPCS) Children & Family Law Division (CAFL)

44 Bromfield St, Boston, MA 02108
p: (617) 482-6212 f: (617) 988-8455
www.publiccounsel.net/cafl

Eligibility restrictions: low-income, by court appointment only
Ages: all Fees: none

CPCS's statewide program that provides lawyers to parents and children in child welfare (Care & Protection and Child Requiring Assistance [CRA] cases). Attorneys are appointed by the courts to represent low-income children and parents.

Salem Office

One Salem Green, Ste 403, Salem, MA 01970
p: (978) 825-2070 f: (978) 825-2085
www.publiccounsel.net/dir/salem-cafl

Serves Lynn, Salem, and Newburyport Juvenile Courts.

Committee for Public Counsel Services (CPCS) Public Defender Division

44 Bromfield St, Boston, MA 02108
p: (617) 482-6212
www.publiccounsel.net/pd

Eligibility restrictions: low-income, by court appointment only
Ages: 18+ Fees: none

CPCS's statewide defender program for adult criminal cases. Attorneys are appointed by the courts to represent low-income defendants.

Lawrence Superior and District Court Office

Everett Mills, 15 Union St, Ste 110, Lawrence, MA 01840
 p: (978) 856-6900 f: (978) 682-2793
www.publiccounsel.net/dir/lawrence-dist-sup-pd
 Serves Newburyport District Court and Lawrence,
 Newburyport, and Salem Superior Courts.

Salem Superior and District Court Office

One Salem Green, Ste 408, Salem, MA 01970
 p: (978) 825-2020 f: (978) 741-8567
www.publiccounsel.net/dir/salem-pd
 Serves Gloucester, Lynn, Peabody, and Salem District
 Courts and Lawrence, Newburyport, and Salem Superior
 Courts.

Committee for Public Counsel Services (CPCS)**Youth Advocacy Division (YAD)**

44 Bromfield St, Boston, MA 02108

p: (617) 482-6212

www.publiccounsel.net/ya

Eligibility restrictions: low-income, by court appointment only

Ages: 7–17 yrs Fees: none

CPCS's statewide defender program for juveniles. Attorneys are appointed by the courts to represent low-income children.

Lowell Office

40-44 Church St, 1st Fl, Lowell, MA 01852

p: (978) 856-6180 f: (978) 446-3916

www.publiccounsel.net/dir/lowell-ya

Serves Essex and Middlesex counties, focusing on
 Lawrence and Lowell Juvenile Courts.

Salem Office

One Salem Green, Ste 501A Salem, MA 01970

p: (978) 825-2090 f: (978) 825-2095

www.publiccounsel.net/dir/salem-ya

Serves Essex county area, including Lynn, Salem, and
 Newburyport Juvenile Courts.

Department of Housing and Community Development (DHCD)

100 Cambridge St, Ste 300, Boston, MA 02114

p: (617) 573-1100 TTY: (617) 573-1140

www.mass.gov/dhcd

DHCD provides leadership, professional assistance, and financial resources to promote safe, decent, affordable housing opportunities; economic vitality of communities; and sound municipal management.

Disabled Persons Protection Commission (DPPC)

300 Granite St, Ste 404, Braintree, MA 02184

p: (800) 426-9009 f: (617) 727-6469

TTY: (888) 822-0350

www.mass.gov/orgs/disabled-persons-protection-commission

Protects adults with disabilities from the abusive acts or omissions of their caregivers through investigation oversight, public awareness, and prevention.

Essex Children's Advocacy Center

Essex County District Attorney's Office

10 Federal St, Salem, MA 01970

p: (978) 984-7535

www.essexcac.org

Ages: birth–18 yrs

Collaborative effort between the DA's office, DCF, local and state law enforcement, and medical professionals to coordinate services and activities when an allegation of abuse is under investigation in order to reduce the number of times a child must talk to investigators.

Essex County Bar Association

45 Congress St, Ste 4100, Salem, MA 01970

p: (978) 741-7888 f: (978) 741-1348

www.essexcountybar.org

Ages: all Fees: vary

Provides a service to refer individuals to attorneys in the area who will provide free or reduced-fee consultations or representation.

Essex County District Attorney's Office

10 Federal St, Salem, MA 01970

p: (978) 745-6610 f: (978) 744-9470

p: (867) 741-3163 (TTY)

www.mass.gov/essexda

Ages: all Fees: none

Hours: M–F 8:30–5

Prosecutor's office for criminal cases in Essex County. Offers crisis intervention, referrals to appropriate programs and service providers, and information and advocacy to victims. Offers the SAFEPLAN Program for victims of domestic violence, sexual assault, and stalking who are seeking protection through the courts.

Essex County District CourtSee page 66. For more information, visit www.mass.gov/courts.**Essex County Juvenile Court**See page 67. For more information, visit www.mass.gov/courts.

Essex County Superior Court

See page 67. For more information, visit www.mass.gov/courts.

Massachusetts Bureau of Special Education Appeals (BSEA)

1 Congress St, 11th Fl, Boston, MA 02114

p: (617) 626-7250

f: (617) 626-7270

www.mass.gov/orgs/bureau-of-special-education-appeals

Ages: 3–22 yrs

Fees: none

Responsible for conducting mediations and hearings to resolve disputes about special education services or placements among parents, school districts, private schools, and state agencies. Parents or school districts may request mediation.

Massachusetts Commission for the Blind

600 Washington St, Boston, MA 02111

p: (617) 727-5550

f: (617) 626-7685

TDD: (800) 392-6556

voice: (800) 392-6450

www.mass.gov/mcb

Eligibility restrictions: vision loss

Ages: all

Fees: none

Provides services for the blind, including independent living services, assistive technology, medical assistance, and other specialized services.

Massachusetts Commission for the Deaf and Hard of Hearing

600 Washington St, Boston, MA 02111

p: (617) 740-1600

TTY: (617) 740-1700

www.mass.gov/orgs/massachusetts-commission-for-the-deaf-and-hard-of-hearing

Eligibility restrictions: hearing loss

Ages: all

Fees: none

Provides services to support deaf and hard of hearing individuals, including education assistance, interpreter referrals, and case management.

Massachusetts Commission on LGBTQ Youth

250 Washington St, 4th Fl, Boston, MA 02108

p: (617) 624-5495

www.mass.gov/cgly

Ages: all

Fees: vary

Government advisory agency to all branches of state government. Provides resources aimed towards protecting and supporting the health and safety of LGBTQIA+ youth.

Massachusetts Department of Children and Families (DCF)

600 Washington St, 6th Fl, Boston, MA 02111

p: (617) 748-2000

f: (617) 261-7435

p: (800) 792-5200 (Child-at-Risk Hotline)

p: (617) 748-2444 (Ombudsman)

www.mass.gov/dcf

Ages: all

Fees: none

Provides foster care services, adoption services, programs for adolescents, referrals to domestic violence services, and health and medical services for children in DCF care. The Office of the Ombudsman responds to inquiries or issues of clients, foster and adoptive parents, and concerned citizens, and mediates and resolves disputes when possible.

Cape Ann Area Office

45 Congress St, Bldg 4, Salem, MA 01970

p: (978) 825-3800 f: (978) 825-9091

Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Manchester-by-the-Sea, Marblehead, Middleton, Peabody, Rockport, Salem, Wenham

Lynn Area Office

330 Lynnway, Ste 201, Lynn, MA 01901

p: (781) 477-1600 f: (781) 592-3380

Serves Lynn, Lynnfield, Nahant, Saugus, Swampscott

Massachusetts Department of Developmental Services (DDS)

500 Harrison Ave, Boston, MA 02118

p: (617) 727-5608

TTY: (617) 727-9842

www.mass.gov/dds

Eligibility restrictions: intellectual or developmental disability

Ages: all

Fees: none

Offers case management and a wide range of services including residential programs, vocational training, and specialized training enabling independent living to adults and children with an intellectual or developmental disability.

Metro North Area Office

27 Water Street, Wakefield, MA 01880

P: (781) 338-2300 f: (781) 338-2302

TTY: (781) 338-2332

North Shore Area Office

100 Cummings Ctr, Ste 150B, Beverly, MA 01915

p: (978) 927-2727 f: (978) 927-9182

TTY: (978) 927-8828

Massachusetts Department of Early Education and Care (DEEC)

51 Sleeper St, 4th Fl, Boston, MA 02210

p: (617) 988-6600 f: (617) 988-2451

TTY: (800) 439-2370

www.mass.gov/orgs/departement-of-early-education-and-care

Licenses and monitors daycare homes, preschools, group homes, shelters, and after-school programs. Also licenses adoption and foster care placement agencies.

Massachusetts Department of Elementary and Secondary Education (DESE)

(including Program Quality Assurance Services [PQA])

75 Pleasant St, Malden, MA 02148

p: (781) 338-3700 f: (781) 338-3710

TTY: (800) 439-2370

www.doe.mass.edu

www.doe.mass.edu/pqa

Ages: 3–22 yrs Fees: none

The state agency responsible for implementing laws relative to primary and secondary education and monitoring the education system in Massachusetts. PQA is a division that investigates and resolves complaints from the public that public schools have violated a law relating to education.

Massachusetts Department of Mental Health (DMH)

25 Staniford St, Boston, MA 02114

p: (617) 626-8000 f: (617) 626-8131

TTY: (617) 727-9842

www.mass.gov/dmh

Eligibility restrictions: individuals who suffer significant functional impairment due to mental illness/serious emotional disturbance

Provides referrals, providers, and placements for individuals with severe mental health diagnoses.

Northeast Regional Office

PO Box 387, Tewksbury, MA 01876

p: (978) 863-5000 f: (978) 863-5091

TTY (978) 640-1193

Massachusetts Department of Public Health (DPH)

250 Washington St, Boston, MA 02109

p: (617) 624-6000 f: (617) 624-5206

TTY/TDD: (617) 624-6001

www.mass.gov/dph

Ages: all Fees: none

Government health agency providing, funding, and coordinating services including health statistics, hospital services, AIDS services, substance abuse services, vaccinations, family and community health, and WIC programs.

Massachusetts Department of Transitional Assistance (DTA)

600 Washington St, Boston, MA 02111

p: (877) 382-2363 (DTA assistance line M–F 8:15–4:45)
www.mass.gov/dta
 Eligibility restrictions: low-income
 Ages: all Fees: vary by service

Provides low-income families with food assistance, cash assistance, and emergency shelter.

North Shore Office

45 Congress St, Ste 4120, Salem, MA 01970
 p: (978) 825-7300 f: (617) 887-8765

Massachusetts Department of Youth Services (DYS)

600 Washington St, 4th Fl, Boston, MA 02111
 p: (617) 727-7575 f: (617) 951-2409
www.mass.gov/dys
 Eligibility restrictions: youth committed to DYS
 Ages: 7–18 yrs Fees: none

Juvenile justice agency of Massachusetts. Services incorporate secure facilities, client services, clinical services, health services, substance abuse services, and education services.

Northeast Regional Office

33 Gregory St, Middleton, MA 01949
 p: (978) 716-1100

Massachusetts Office for Refugees and Immigrants (ORI)

600 Washington St, 4th Fl, Boston, MA 02111
 p: (617) 727-7888 f: (617) 727-1822
 TTY: (617) 727-8147
www.mass.gov/ori

Provides assistance with the citizenship process and promotes participation of refugees and immigrants as self-sufficient citizens.

Massachusetts Office of the Child Advocate

One Ashburton Pl, 5th Fl, Boston, MA 02108
 p: (617) 979-8374 toll-free: (866) 790-3690
 f: (617) 979-8379 complaint line: (617) 979-8360
www.mass.gov/orgs/office-of-the-child-advocate

OCA works on behalf of children who receive services from a state agency. Provides help finding services or resources and can answer questions about a state agency. If it is an emergency or you suspect a child is being neglected or abused, call DCF.

Massachusetts Rehabilitation Commission (MRC)

600 Washington St, Boston, MA 02111
 p: (617) 204-3600 f: (617) 727-1354
 Voice/TDD: (800) 245-6543
www.mass.gov/mrc

Eligibility restrictions: disability
 Ages: 14+ yrs Fees: none

Provides comprehensive services to maximize quality of life and economic self-sufficiency for individuals with a disability including supported living, transition to adulthood, and home care assistance programs; vehicle and housing modifications; and vocational programs to help find, get, and keep a job.

Malden Area Office

157 Pleasant St, Malden, MA 02148
 p: (781) 324-7160 f: (781) 388-9345
 Serves Everett, Lexington, Lynnfield, Malden, Medford, Melrose, North Reading, Reading, Saugus, Stoneham, Wakefield, Winchester, Woburn

Salem Area Office

45 Congress St, Ste 4120, Salem, MA 01970
 p: (978) 745-8085 f: (978) 745-9063
 Serves Beverly, Danvers, Essex, Gloucester, Hamilton, Ipswich, Lynn, Magnolia, Manchester-by-the-Sea, Marblehead, Middleton, Nahant, Peabody, Rockport, Salem, Swampscott, Topsfield, Wenham

MassHealth

p: (800) 841-2900 (Member Customer Service Center)
 TTY: (800) 497-4648
www.mass.gov/masshealth
 Eligibility restrictions: vary depending on type of MassHealth
 Ages: all Fees: vary

Health insurance program to help low-income and disabled individuals to obtain health care.

**U.S. Department of Education (DOE)
 Office for Civil Rights (OCR)**

Boston Office: 5 Post Office Sq, 8th Fl, Boston, MA 02109
 p: (617) 289-0111 f: (617) 289-0150
 TDD: (800) 877-8339 e: OCR.Boston@ed.gov
www2.ed.gov/about/offices/list/ocr/index.html
 Ages: all Fees: none

Federal agency that investigates and resolves complaints of discrimination against educational institutions in order to ensure equal access to education for all. Also provides free information and training on federal civil rights laws relating to education.

City and Town Halls

To find all city and town halls in your area, go to www.sec.state.ma.us/cis/cistel/telidx.htm.

Parks and Recreation Departments

Town/city park and recreation departments offer a variety of creative arts, sports, health and well-being, water-based, and youth and family activities and/or summer programs to residents of their town. Eligibility, fees, and ages served vary by program.

Beverly Parks and Recreation Department

55 Ober St, Beverly, MA 01915
p: (978) 921-6067 f: (978) 927-1386
www.bevrec.com

Danvers Recreation

1 Sylvan St, Danvers, MA 01923
p: (978) 777-0001 ext 3094 f: (978) 762-0215
www.danversrec.com

Essex Youth Commission

30 Martin St, 2nd Fl, Essex, MA 01929
p: (978) 768-6531 f: (978) 768-2505
www.essexma.org/Pages/EssexMA_Youth/commission

Hamilton-Wenham Recreation Department

16 Union St, Hamilton, MA 01982
p: (978) 468-5590 f: (978) 468-2178
www.hamiltonma.gov/government/recreation-department/

Lynn Parks and Recreation

250 Commercial St, Lynn, MA 01905
p: (781) 477-7096 f: (781) 477-4074
www.cityoflynn.net/citydepartments_parkandrecreation.shtml

Lynnfield Recreation Commission

55 Summer St, Lynnfield, MA 01940
p: (781) 334-9488 f: (781) 334-9489
www.town.lynnfield.ma.us/recreation-commission

Manchester-by-the-Sea Parks and Recreation

10 Central St, Manchester, MA 01944
 p: (978) 526-2019 f: (978) 526-2007
www.manchester.ma.us/268/parks-recreation

Marblehead Recreation and Parks Department

10 Humphrey St, Marblehead, MA 01945
 p: (781) 631-3350 f: (781) 639-3420
www.marblehead.org/recreation-parks-department

Middleton Recreation

48 South Main St, Middleton, MA 01949
 p: (978) 774-6927 f: (978) 774-6167
www.townofmiddleton.org/281/recreation-department

Nahant Recreation Commission

334 Nahant Rd, Nahant, MA 01908
 p: (781) 581-0088 f: (781) 593-0340
www.nahant.org/community/recreation.shtml

Peabody Parks, Recreation, and Forestry

50 Farm Ave, Peabody, MA 01960
 p: (978) 536-7130 f: (978) 535-0483
www.peabodyrecreation.com

Rockport Recreation Department

37 Broadway, Rockport, MA 01966
 p: (978) 546-1309
www.rockportma.gov/recreation

Salem Recreation Department

5 Broad St, Salem, MA 01970
 p: (978) 744-0180 f: (978) 744-7225
www.salem.com/recreation

Saugus Youth & Recreation Department

400 Central St, Saugus, MA 01906
 p: (781) 231-4022 f: (781) 231-4100
www.saugusyouthandrec.org

Swampscott Recreation Department

22 Monument Ave, Swampscott, MA 01907
 p: (781) 596-8854 f: (781) 596-2040
www.town.swampscott.ma.us/recreation

Public Libraries

Public libraries offer a variety of programming for all ages as well as computer access. Visit library websites for details about upcoming youth events. To find more libraries, go to libraries.state.ma.us.

Beverly Public Library

32 Essex St, Beverly, MA 01915

p: (978) 921-6062

www.beverlypubliclibrary.org

Peabody Institute Library of Danvers

15 Sylvan St, Danvers, MA 01923

p: (978) 774-0554 f: (978) 762-0251

www.danverslibrary.org

T.O.H.P. Burnham Library

Essex Town Hall, 30 Martin St, Essex, MA 01929

p: (978) 768-7410 f: (978) 768-3370

www.essexpubliclibrary.org

Gloucester Library

2 Dale Ave, Gloucester, MA 01930

p: (978) 281-9763

www.sawyerfreelibrary.org

Hamilton-Wenham Public Library

14 Union St, South Hamilton, MA 01982

p: (978) 468-5577 f: (978) 468-5535

www.hwllibrary.org

Lynn Public Library

5 North Common St, Lynn, MA 01902

p: (781) 595-0567 f: (781) 592-5050

www.noblenet.org/lynn

Lynnfield Public Library

18 Summer St, Lynnfield, MA 01940

p: (781) 334-5411

www.lynnfieldlibrary.org

Manchester-by-the-Sea Public Library

15 Union St, Manchester-by-the-Sea, MA 01944

p: (978) 526-7711

www.manchesterpl.org

Marblehead Public Library

235 Pleasant St, Marblehead, MA 01945

p: (781) 631-1481

www.abbotlibrary.org

Flint Public Library

1 South Main St, Middleton, MA 01949

p: (978) 774-8132

www.flintlibrary.org

Nahant Public Library

15 Pleasant St, Nahant, MA 01908

p: (781) 581-0306

www.nahantlibrary.org

Peabody Institute Library

82 Main St, Peabody, MA 01960

p: (978) 531-0100

www.peabodylibrary.org

Rockport Public Library

17 School St, Rockport, MA 01966

p: (978) 546-6934 f: (978) 546-1011

www.rockportlibrary.org

Salem Public Library

370 Essex St, Salem, MA 01970

p: (978) 744-0860

www.noblenet.org/salem

Saugus Public Library

295 Central St, Saugus, MA 01906

p: (781) 231-4168

www.sauguspubliclibrary.org

Swampscott Public Library

61 Burrill St, Swampscott, MA 01907

p: (781) 596-8867 f: (781) 596-8826

www.swampscottlibrary.org

Hotlines, Helplines, and Internet Resources

211 Information and Referral Search

p: 211
www.211.org

Dial 2-1-1 for free and confidential information and referral information regarding help with food, housing, employment, health care, and counseling.

AIDS Action Committee Hotline

p: (877) 627-3933 (toll-free sexual health helpline for young adults)
p: (781) 581-2393 (toll-free HIV/AIDS and Hepatitis C hotline)
www.aac.org
www.mariataalks.com

See page 87.

Helpline and website for information about sexuality, STDs, birth control, emergency contraception, and parenting.

Alternative House

p: (978) 454-1436
toll-free: (888) 291-6228
www.alternative-house.org

24-hour crisis hotline for victims of domestic violence and their children. Will provide resources and information regarding medical, psychiatric, legal, and housing matters.

American Student Assistance

p: (877) 332-4348
www.asa.org

A toll-free helpline for questions about all aspects of college planning, including financial aid and the application process.

The ANSWER BOOK

www.mass.gov/courts/programs/cip
See page 45.

A website with information for adolescents and young adults under the care or custody of or working with the Department of Children and Families. For a hard copy, contact the Children's Law Center.

Autism Speaks

www.autismspeaks.org/resource-guide/state/MA

A guide to resources for youth with autism and their families.

Blueskies Wellness, Inc.

p: (888) 336-1411
blueskieswellnessinc.org
See page 72.

Confidential anti-bullying help for kids 13 years old and older.

Boston Area Rape Crisis Center (BARCC)

p: (800) 841-8371
Spanish: (800) 223-5001
www.barcc.org
See page 28.

Statewide hotline to assist survivors of sexual violence (ages 12 and up) and their family and friends.

Child at Risk Hotline (DCF 24-Hour Hotline)

p: (800) 792-5200
See page 28.

Free 24/7 after-hours emergency response system providing crisis intervention, information, or referrals for children in danger. Call your local DCF office during regular business hours.

Children's Law Center of Massachusetts

p: (781) 581-1977 Lynn, MA
toll-free: (888) KIDLAW8 or (888) 543-5298
www.clcm.org
See page 20.

Provides information, referrals, and/or legal advice on matters that impact children.

Crisis Text Line

text: "HOME" to 741741

Provides confidential support 24/7 to people in crisis via text messaging by problem-solving and assisting the texter in making a plan to stay safe.

Department of Corrections Victim Services Unit

p: (866) 6VICTIM or (866) 684-2846

Domestic violence helpline.

Emergency Mobile Psychiatric Assessments & Services

24/7 emergency and mobile psychiatric services for adults and children in acute psychiatric distress.

Eliot Community Human Services

p: (800) 988-1111 Lynn, MA
www.eliotchs.org
See page 73.

Lahey Health Behavioral Services

p: (978) 744-1585 Salem, MA
www.nebhealth.org
See page 48.

End Rape on Campus

p: (424) 777-EROOC (3762)
www.endrapeoncampus.org

National helpline provides victims, families, and friends with referrals to support services, assistance with filing federal complaints for Title IX violations, and mentoring student activists in both English and Spanish.

Essex County Hunger Relief

www.essexcountyhungerrelief.org
See page 39.

Website with database of food resources searchable by town.

**Federation for Children with Special Needs
Parental Training and Information Center**

p: (617) 236-7210
toll-free: (800) 331-0688
www.fcsn.org/ptic
Hours: M–F 10–3

Confidential helpline answering questions about special education.

Fenway Community Health Peer Listening Line

p: (617) 627-2535 (ages 25 and under)
www.fenwayhealth.org/help-lines
See page 70.

Anonymous and confidential phone line that provides a safe place for LGBTQIA+ youth to call for information, referrals, and support.

Greater Boston Parents, Families, and Friends of Lesbians and Gays (PFLAG)

p: (866) 427-3524
www.gbpfag.org
See page 70.

Helpline for parents and families of LGBT children.

Healing Abuse Working for Change (HAWC)

p: (800) 547-1649
www.hawcdv.org
See page 28.

Abuse hotline provides 24-hour assistance.

Health Care for All

p: (800) 272-4232
www.hcfama.org
Hours: M–F 9–5

Provides information about health care and assists at-risk individuals obtain health insurance coverage.

Jane Doe Inc.

p: (877) 785-2020
 TTY: (877) 521-2601
www.janedoe.org
See page 29.

Domestic violence helpline.

Jeanne Geiger Crisis Center

24/7 hotline: (978) 388-1888
www.jeannegeigercrisiscenter.org

24-hour crisis hotline for victims of domestic violence.

Legal Resource Finder

www.masslrf.org

Search for free or low-cost legal help in Massachusetts, as well as links to legal information and self-help materials.

LGBT National Help Center

National Hotline: (888) 843-4564 (all ages)
 Youth Talkline: (800) 246-7743 (ages 25 and under)
 Hours: M–F 4–12; Sa 12–5
www.youthtalkline.org

Provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

Love Is Respect

p: (866) 331-9474 text: “loveis” to 22522
 TTY: (866) 331-8453
www.loveisrespect.org

Provides information to youth regarding dating abuse and domestic violence. Includes a 24/7 anonymous and confidential phone and text hotline and online chat assistance. Services available in both English and Spanish.

Massachusetts Advocates for Children

p: (617) 357-8431 ext 3224
www.massadvocates.org
See page 22.

Provides helpline assistance to children who are experiencing barriers to education due to disabilities, homelessness, suspension, expulsion, family violence, or other adverse experiences.

Massachusetts Bar Association Lawyer Referral Service

p: (617) 654-0400
www.masslawhelp.com
Hours: M–F 9–4:45
www.youthtalkline.org
See page 68.

Provides legal referrals through the Massachusetts Bar Association.

Massachusetts Behavioral Health Access

www.mabhaccess.com

Website with information about MassHealth providers of behavioral health services searchable by geographic area. Provides information about waiting times. Login as a “Guest”.

**Massachusetts Department of Public Health (DPH)
Community Support Line**

p: (800) 882-1435
See page 49.

Informs families with children with special health needs about public programs and benefits they may be eligible for, and about the state and community-based resources that may provide assistance.

Massachusetts Legal Help

www.masslegalhelp.org

Legal information written by lawyers for non-lawyers on a variety of topics.

Massachusetts Office for Victim Assistance (MOVA)

p: (617) 586-1340
www.mass.gov/mova

Offers a variety of resources for victims of crime.

National Alliance on Mental Illness (NAMI)

p: (800) 950-NAMI (6264) text: text “NAMI” to 741741
e: info@nami.org
www.nami.org
Hours: M–F 10–6

Provides assistance to those affected by mental illness.

National Domestic Violence Hotline

p: (800) 799-SAFE (7233)
TTY: (800) 787-3224
www.thehotline.org

24/7 national helpline for victims of domestic violence, with an online chat included on the website.

National Runaway Safeline

p: (800) RUN-AWAY (786-2929) text: 66008
 e: info@1800runaway.org
 www.1800runaway.org

24/7 confidential, national safe line phone, text, and online chat provides support and information to runaway, homeless, and at-risk youth and provides referrals to local organizations.

National Safe Haven Alliance (NSHA)

p: (888) 510-BABY (2229)
 www.nationalsafehavenalliance.org
 Assists mothers with finding a local place for a Safe Haven relinquishment.

National Safe Place

text: text “safe” and current zip code to 69866
 www.nationalsafeplace.org

Text support helpline connects youth in need of immediate help and safety to local Safe Place sites, also has the option for interactive texting.

National Suicide Prevention Lifeline

p: (800) 273-TALK (8255)
 Spanish: (888) 628-9454
 TTY: (800) 799-4889
 www.suicidepreventionlifeline.org

24/7 confidential hotline available in English and Spanish provides support for people considering suicide or concerned friends and family members. An online crisis chat is available as well.

The Network/La Red

p: (617) 742-4911
 toll-free: (800) 832-1901
 TTY: (617) 227-4911
 www.tnlr.org

24/7 hotline providing support, information, and safety planning for LGBTQIA people experiencing abuse presently or in the past.

Northshore Postpartum Depression Task Force

www.northshorepostpartumhelp.org
 Serves Beverly, Manchester, Hamilton, Wenham, Ipswich, Essex, Gloucester, Rockport
 See page 86.

Website offers information and resources for postpartum depression.

Parents Helping Parents - Parental Stress Line

p: (800) 632-8188
www.parentshelpingparents.org
See page 86.

24/7 confidential helpline providing support for parents.

Project Bread Food Source Hotline

p: (800) 645-8333
TTY: (800) 377-1292
Hours: M–F 8–7; Sa 10–2
60+ languages
See page 42.

Hotline to refer callers to emergency food resources in their community.

Rape, Abuse, & Incest National Network (RAINN)

p: (800) 656-4673
www.rainn.org

24/7 national, confidential hotline for victims of sexual assault, with an online chat included on the website available in both English and Spanish languages.

Safelink

(operated by Casa Myrna)
p: (877) 785-2020
www.casamyrna.org
See page 30.

Multilingual, confidential statewide 24/7 hotline to assist victims of domestic abuse.

Safe Horizon

p: (800) 621-HOPE (4673) (domestic violence victims)
p: (866) 689-HELP (4357) (victims of crime and their families)
p: (212) 227-3000 (rape and sexual assault victims)
TTY: (866) 604-5350
www.safehorizon.org

Safe Horizon provides a 24/7 confidential hotline to victims of family and community violence, specifically those who have experienced domestic violence, child abuse, sexual assault, and human trafficking.

Speak Up

p: (866) SPEAK-UP (773-2587)
www.speakup.com

24/7 confidential and anonymous hotline for students to report weapon threats in their school or community.

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

p: (800) 662-HELP (4357)
TTY: (800) 487-4889
www.samhsa.gov
See page 94.

Confidential, free, 24/7 helpline available in Spanish and English. Provides referrals to local supports, as well as information about mental and/or substance use disorders, prevention, and recovery.

Substance Abuse Information and Education Helpline

p: (800) 327-5050
www.helplinema.org
Hours: M–F 8–10; Sa 8–6

Free and confidential helpline for finding substance use treatment and recovery services.

Tri-Town Council

Project Safety Net 24/7 Helpline

p: (978) 771-4619
www.tritowncouncil.org
Serves Topsfield, Boxford, Middleton
See page 81.

After-hours counseling support and referrals for students experiencing a broad range of urgent problems.

Tragedy Assistance Program for Survivors (TAPS)

National Military Survivor Helpline

p: (800) 959-TAPS (8277)
www.taps.org

The helpline provides 24/7 emotional crisis support to people who have lost a military family member.

Trans Lifeline

p: (877) 565-8860
www.translifeline.org

The national lifeline works to end transgender suicide and improve overall mental health of transgender people through education, advocacy, and direct service. All support is given by trans or non-binary people who prioritize trans people’s lived experiences and harm reduction.

The Trevor Project

p: (866) 488-7386
text: “Trevor” to 202-304-1200, Hours M–F 3–10p
www.thetrevorproject.org
See page 71.

Hotline provides 24/7 crisis intervention and suicide prevention to LGBTQIA+ youth ages 13-24, as well as text crisis support and online chat support (online chat available 3–10p daily).

YWCA Northeastern Massachusetts

p: (800) 922-8772

Spanish: (800) 223-5001

TTY: (978) 686-8840

See page 30.

24-hour helpline for all sexual assault survivors ages 12 and up and their significant others.

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The mission of Pathways for Children is to serve the best interests of infant through adolescent children and their families – whether disadvantaged by circumstance or in search of opportunity – by delivering the empowering gift of quality educational, social development and support services that strengthen the family unit and the community.

Pathways conducts the following reinforcing programs: Head Start and Early Head Start, serving economically and otherwise challenged children from 6 weeks until they enter Kindergarten; School Age Care, a center-based, year-round after-school, vacation and summer enrichment program for children aged 5 to 13; Family Enrichment Programs, outreach programs that include support groups, mentoring programs, curriculum courses and services, and Cape Ann Coordinated Family & Community Engagement Program, which includes various community outreach programs to support parents as their child's first teacher.



The Youth At Risk mission is to support communities of professionals serving children, youth, and families and to provide them with affordable continuing education and collaborative networking opportunities.